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NUITS

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UNCENSORED!**

BLIMEY!

NUDITY!

STEADY ON!

ROMPS!

**TOPLESS
HOUSEMATES!**

SARA! BB13!

LOUISE! BB12!

IT'S OUTRAGEOUS!

+ TOWIE'S
LUCY MECK!

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Due to cutbacks,
Big Brother had
to lose the chair



Nuts NEWS

EXCLUSIVE!

Lucy Meck's calendar shoot!

Nuts nabs exclusive behind-the-scenes beach snaps!

→ LIFE IS topsy-turvy when you're an international lady model of repute. Look at Lucy Mecklenburgh! A week or so ago, she was in Marbs, filming the opener for series nine of *TOWIE*, then she flew straight to Nice, France, to shoot her 2014 calendar. And here are the behind-the-scenes snaps as she hand-bras, knee-paddles and sand-rolls her way to what looks like being a superbly saucy date tracker. Out in just five months' time!

TUNE IN TO TOWIE!

See more of Lucy and pals on *TOWIE* on ITV2/HD on Wednesdays and Sundays at 10pm

"If you look closely, you can see the face of Stewie from *Family Guy*"





She hadn't expected the tide to go out quite so suddenly





The *Catwoman*
reboot played
to its strengths



"Why is there never
a bra seller when
you need one?"

Lucy's bikini rivals!

TOWIE ladies giving "The Meck" a run for her money
in the swimwear stakes!



ABI CLARKE!



JASMIN WALIA!



LAUREN POPE!



SAM FAIERS!

EXCLUSIVE!

FIFA 14 – first play!

Hands-on with the biggest footy game in the world!

WORDS: RICH JENKINS

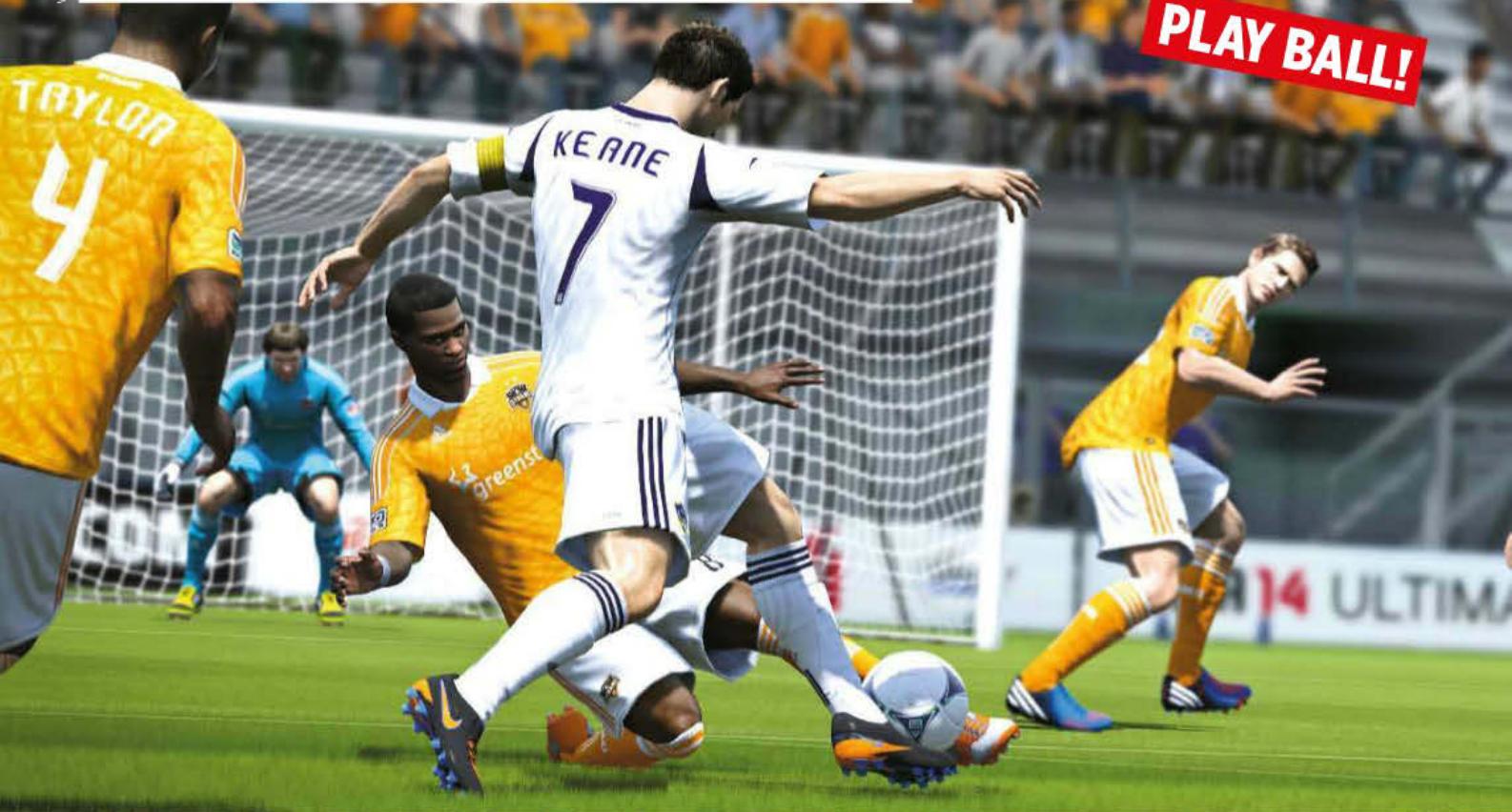


THERE'S NEVER
a bad time to play *FIFA*. And if that particular game of *FIFA* happens to be the brand spanking new version, which isn't even out for several more months, then all the better! Here are five things we learned from our exclusive hands-on with *FIFA 14*...

HOLD ON TO THE BALL!

In olden days, a ball from midfield towards the general direction of the strikers would find a team-mate. Now, a hit-and-hope pass means you're almost certain to lose the ball. If there's no pass on, retain possession.

PLAY BALL!



SCORING IS HARD!

As well as picking your passes, you have to time shooting opportunities perfectly as well. It's always better to make an extra pass than try a shot that you know, deep down, doesn't have a hope of going in. But...



Pro *FIFA* top tips!

We played producer Kantcho Doskov* and he barked out top tips...



SCORING IS AMAZING!

When you do burst the net, the feeling is like no *FIFA* game before. Because you have to work for each goal, neither scoring nor conceding feels cheap. Expect the "share" button on your controller to get a workout.

SKILLS ARE EASY!

Forget about the L trigger – just waggle the right analogue stick to pull off Ronaldo-esque trickery with the ball, and your player will bamboozle defenders with lightning fast legwork. Or, if he's Andy Carroll, fall over.

MIX IT UP!

"The shooting depends on the situation that you're in. If the ball bounces right in front of you, you could end up with a nice half-volley, with the ball rising."

PICK BAYERN MUNICH!

"If I'm playing a game I have to win, I would usually pick Bayern. The players have strength, height and speed."

USE THE ANALOGUE STICK, NOT THE D-PAD!

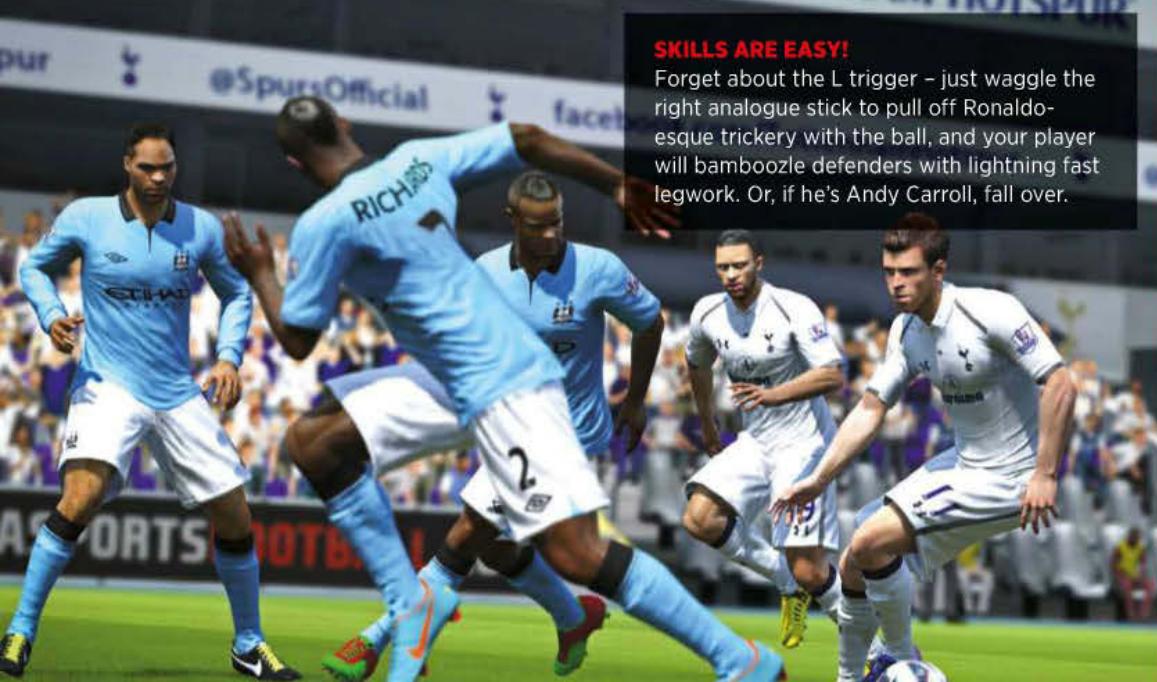
"We have 360-degree dribbling, which allows you to go in any angle. You get a lot more precision. If you use the D-pad, you'll miss out."

UNLOCK THE CELEBRATIONS!

"There are some funny ones. If I score an important goal, I'll probably bring out the Gangnam Style. It's really funny because all your team-mates join in."

USE YOUR BODY!

"Get between the ball and your opponent – it's a lot easier now to protect the ball. All the new animations of the players look really cool, too."



SLOW DOWN!

When sprinting, you've very little control of the ball. Gone are the days of passing it to Messi, holding R2 and blazing through whole defences. Sprint when you need to, but shield the ball when you're surrounded by the oppo.



Top Gear does Marbs!

The chaps kick off another silly race at *TOWIE*'s resort of choice!

→ **THESE DAYS,** the *Top Gear* team don't even try to keep their stunts a secret. "People of Puerto Banus," Clarkson tweeted. "James May driving through your town NOW. Get your pictures." Puerto Banus is Marbella's marina,

usually appearing in these pages when full of *TOWIE* ladies in bikinis, but last week it was host to three middle-aged chaps in double denim.

They were mid-stunt, racing from Gibraltar to the UK in shiny, convertible supercars. It's not really a job, is it?



ON THE GRID!

The team hit up the marina with the Audi R8 (left), McLaren MP4-12C (centre) and Ferrari 458 Italia (right).



JEZZA GIVES THE THUMBS UP!

It's rare that Clarkson ever has anything nice to say to Hammond but look, here he is, giving an actual thumbs up!



CAPTAIN SLOW'S SWEET RIDE!

"Watching James May drive round a racetrack is like watching tectonic drift," Clarkson later tweeted about May.



HAMMOND MEETS THE NATIVES!

Even the double denim didn't put the lady holidaymakers off chatting up The Hamster. He's definitely in there.



CLARKSON'S CORNER!

While in Gibraltar, Clarkson inaugurated a special "Clarkson's Corner" for smokers at the airport.



The cars!

The motors of choice for the *Top Gear* boys

CLARKSON'S!

MCLAREN MP4-12C SPIDER

Engine: 3.8-litre 616bhp V8

Top speed: 207mph

List price: £195,500



THE HAMSTER'S!

FERRARI 458 ITALIA SPIDER

Engine: 4.5-litre 570bhp V8

Top speed: 198mph

List price: £198,971



THE FERRARI GOES FORTH!

That's not a child on a booster cushion, that's The Hamster in his 458 Italia. Note the tiny HD camera on the windscreen.

CLARKSON STARTS HIS RACE!

This was the fun bit. Jezza later beached it at a track. "We've now got most of the gravel out of my McLaren," he grumbled.



CAPTAIN SLOW'S!

AUDI R8 V10 SPYDER

Engine: 5.2-litre 525bhp V10

Top speed: 193mph

List price: £125,360



Coach takes dip!

Driver forgets handbrake. Bus slips gently into Lake Geneva!

→ WHEN A bunch of tourists rolled up to the shores of Lake Geneva, Switzerland, they expected a few nice snaps and probably a Starbucks coffee or a Big Mac. What they got was the view of their coach, as it rolled slowly and inexorably into the cold lake water. And we bet at least one silly sod left his iPhone in the seat pocket!



The Chinese had gone too far with their new swim team



"And on the port side, we have a man about to get fired!"

IN THE DRINK!

"What do you reckon, Terry?" "Definitely a bus, Trev!"

It's the news, in cartoons!

This week: cops zap escaped llama with stun gun!

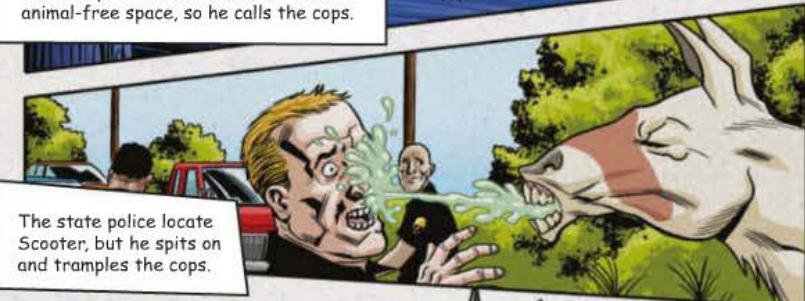
→ ANY STORY that boasts an angry llama that assaulted cops and had to be zapped with a Taser before it could be safely returned to its owner is guaranteed a spot in *Nuts* any week! So here it is, the absolutely true story of

Scooter – a seven-year-old llama from Tallahassee, Florida – his escape from owner Jack Conrad, and the police action that eventually led to his safe return.

Think we've been drinking? Here's the short link to the story: <http://on.tdo.com/110XxDF>.



When Jack Conrad goes to his yard to feed his pet llama, Scooter, he finds an animal-free space, so he calls the cops.



The state police locate Scooter, but he spits on and tramples the cops.



Deputy Tony Drzewiecki has no option but to use a Taser on the angry beast.



Subsequently subdued, the cops load Scooter onto a trailer and return him to a grateful Conrad.

"Are you looking at
my watermelon?"

FURRY FIGHT!

Squirrel scrap!

It's an angry rodents
throw down!

WE DON'T know the squirrel for "Come at me, bro!" but a challenge was issued and these two African ground squirrels laid the smack down on each other in South Africa last week. The stakes were high as the prize was a watermelon. And bragging rights with the local squirrel honeys, obviously.

"And that's for
calling me
'buck teeth'!"

"Taste my tail, loser!"



Emergency landing!

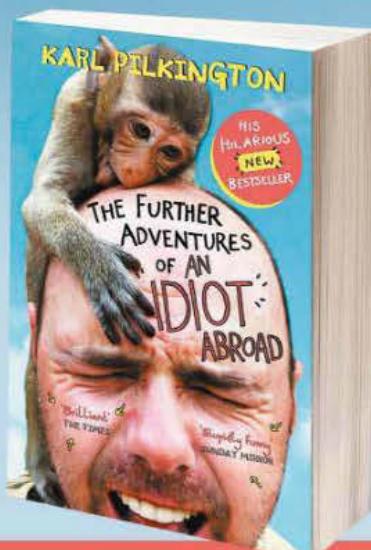
Plane inadvertently becomes garden ornament!

WE LIKE to think Karen Dean and her squeeze Mike were taking high tea, maybe playing croquet, when a 76-year-old pilot crashed his Cirrus SR22 in their garden in Cheltenham, Gloucestershire. The pilot was fine, if a bit wobbly, but the fir tree will be in counselling for the foreseeable future.

"Give me a mo to get my breath back, then I'll be on my way"

FROM THE SMASH HIT **Sky 1 HD** SHOW **AN IDIOT ABROAD**

THIS WOULDN'T
HAPPEN ON A
CARAVAN HOLIDAY



The follow up to the bestselling Idiot Abroad diaries



NOW A BESTSELLING PAPERBACK & EBOOK



1954 ORIGINAL!



Porsche Speedster remake!

Boutique supercar maker recreates classic drop-top!

- Niche French manufacturer PGO Automobiles has a big crush on retro Porsches. Since the '80s, it has been playing with the classic jelly-mould 356 Speedster and this is its latest evolution, the Cevennes Water Snake.
- **First, let's talk about that name.** Cevennes is a mountain range in central France, while Water Snake is a nod to the American tradition of naming cars after snakes, such as the **Shelby Cobra** and **Dodge Viper**.
- It may have a relatively small 1.6-litre engine, but it's a small car. More importantly, it's astonishingly light – less than a tonne – partly thanks to the mind-blowingly smooth, naked blue carbon fibre exterior finish. So expect 62mph to pass in around six seconds, to a 140mph top end.
- **The original 356 Porsche didn't have a lot of power but could out-corner bigger cars and drive flat-out pretty much anywhere.** The Water Snake promises the same, mixing retro shapes with modern materials. The silhouette is old-school but the bodykit, frenched-in LED rear lights, rear diffuser and BMW-style angel eye headlights are new.

Abramovich's kids loved
their new go-kart



2013 REMAKE!

- The alloy wheels are only 18in but hit the slick design nail on the head and are wrapped in supremely sticky Michelin Pilot Sport Cup tyres.
- Inside you'll see a leather trimmed dash, modern steering wheel, carbon fibre trim, quilted leather chairs and a centre console housing a Pioneer touch-screen infotainment system.
- If you appreciate a mix of retro and radical evolution, rather than pub bragging performance, the Cevennes Water Snake is a credit to the Porsche family tree. And at £130k there's very little on the roads to match it.



Optional extras
include a built-in
ten-slot toaster



Jasmin Walia

In Marbs for *TOWIE*

The photographer seems to have snapped Jasmin mid-poolside tumble. But that's almost certainly less embarrassing than that "mum's curtains" bikini.



Rude NEWS

Because Tulisa suddenly became suspiciously unavailable!



January Jones

In *Sweetwater* trailer

This has been billed as the first "feminist" Western. You win this one, feminism.



Gabby Logan

Speedo swimwear promo

Gabby led dozens of ladies in cossies through London. "The stomp for swimwear," historians will dub it.



WORDS: RORY BUCKERIDGE; PHOTOS: NPG, REX FEATURES, SOLARPIX, FLYNET, CRUISE PICTURES



Miranda Kerr

On that Twitter

A round of applause for more top Twitter sharing. We mean you, Miranda. Clap, please! Both hands!



Tamara Ecclestone

On her hols, Dubai

This is Tamara's 3,391st appearance in Rude News. She's more regular than a fig-scoffing vegan.



Britney Spears

On her hols, California

Britney's kept her weird, club foot problem secret for ages. But no detail evades Rude News and its eagle-like eyes forever.

Amy Childs

On her hols, Marbs

It seems that any lady who could pack a suitcase and climb the stairs on EasyJet was in Marbs last week. Cue Amy in this ensemble. Like a grisly road accident. We just can't look away.



Instant skyscraper!

The world's tallest thing! In 90 days!

→ YOU KNOW that Burj Khalifa? Tallest building in the world. 830m high. Took five years, four months to build. "Pah!" say engineers in Changsha, China, who intend to bung up the 838m Sky City One in just 90 days! Three months for something that's 530m higher than London's Shard! Work starts in September. So they'll have put up the world's new tallest building before Man United wrap up next year's Prem.

Sky City facts!

- At 838m, it'll be 8m taller than the current world's tallest, the Burj Khalifa in Dubai.
- It may be a prefab, but it won't be cheap. It'll cost an estimated £410m to knock up.
- Crammed into its 220 stories will be a hotel accommodating 1,000 guests, a hospital, five schools and offices.
- Nearly 83 per cent of the square footage has been earmarked for residential purposes, housing up to 17,000 people.

WORDS: RORY BUCKERIDGE PHOTO: ALAMY

THE SHARD

838M

308M

After a short struggle, Shard gave up his lunch money

4G is nice. But our **Ultrafast** network is built for more.

Running at what we affectionately call 3.9G, our Ultrafast network is built to give you all-you-can-eat-data. So you won't run out when sharing pictures of happy cheese graters. And when we roll out 4G, we'll nudge you up without charging you for the privilege. Which is nice too.



Three.co.uk

Keep on
internetting

Don't look!

The page that makes you go, 'Eurgh!'

His leg-waxing skills
were in need of
refinement

GASHED LEG!



'My shin got caught on a screw!'

Careless bloke's leg sliced open after trampolining mishap!

→ AFTER A few too many beers, Drew Thomson decided to have a go on his niece's trampoline. "What could go wrong?" the Scotsman asked himself. Quite a lot, actually!

"The more I had to drink, the more I was working myself up for a backflip," Drew tells *Nuts*.

"After about five minutes, I went for it. But I over-shot the mark and both my shins

smashed right onto the outside edge of the frame, with my left shin catching a screw. I thought it had just given me a really sore shin. It was only when I sat down that I realised how bad it was and then the shock kicked in. I could feel the colour draining from my face almost instantly."

And it didn't end there. It was an agonising five-mile trip to the nearest hospital, where Drew faced a 40-minute wait.

"Eventually, a surgeon arrived and I was taken for an X-ray to make sure there was no ligament damage before I was stitched up. I finally had 12 stitches, two of which were internal as the gash was so deep at the point of contact where the trampoline had hit my leg.

As a result of this gory misadventure, Drew's top tip is that alcohol and trampolines don't mix. Do you think so, Drew? Really?

HE'S OK NOW!



Win £1,000!

Think you can do better?
Here's your chance.
The best "Don't Look!"
picture published in 2013
will win £1,000 in cash!*
Submit your images
and contact details to
dontlook@ipcmedia.com

ONLY IN
Nuts!

SEX ADVICE FROM A FIT LESBIAN! ↓

Because she knows what she's doing and we don't!



KEEP UP
WITH DANNI
ON THE NET!

For all Danni's latest news and pictures, follow her on Twitter - @Danni_Orsi

Can I use food?

Can you recommend any foods to introduce to the bedroom to spice things up a bit?

ANON via email

First off, you should always put a condom on top of any object you insert inside a lady – keep it clean and safe. Corn on the cob, I presume, would feel ribbed. There are many potentially pleasurable phallic-shaped vegetables available. I'd stick with creams and things you can lick off, though.

Her mate's much sexier!

I met a girl recently who I really liked, but at a house party of hers, I met her best mate and I fancy her mate even more! Can I act on these impulses? It's driving me wild!

MATTY London



LETTER OF THE WEEK!

Tats are a real turn-on!

I find myself increasingly attracted to girls with tattoos. Is there any way I can persuade my girlfriend to get some sweet ink? I'm not sure she's keen on the idea, though.

ADAM Bury

I'm the same! Have you seen that Arabella girl? Hubba-hubba! You can't persuade your girl to do anything of the sort. A tattoo is a life commitment. Why don't you buy her an open-back dress and suggest she'd look fit with a henna tattoo? Henna fades after a few weeks – it'll be a good way to see if she's into it or not.

Matty, you horny little devil! The girl you met recently isn't going to like it, but that's not your responsibility. Go for the hot stuff! What have you got to lose? How friendly are they?

My advice to you is to exchange some naughty picture messages with her. You'll be able to judge how far she'll go by the number of nude shots she sends you.

NOT GETTING MUCH LATELY? WHY NOT TRY YOUR LUCK AT WWW.NUTS.CO.UK/DATE

New position problem!

What's the best way to change positions halfway through sex, without it being awkward and embarrassing? I always feel really clumsy about it.

CLIVE via email

Sex connects more with your animal instincts. Instead of planning certain positions, just roll, grab, squeeze and lift when you feel like it. Even if she's just about to climax, don't be afraid to break her concentration. Sex is about teasing, power struggles and lots of sweaty grinding.

- If you've got something to ask Danni, just email her at thelesbian@nutsmagazine.co.uk or write to her at the usual Nuts address on p68.

ONLY IN
Nuts!

The Nuts Celebrity Kama Sutra!



YOUR Nuts

Your Letters!

The latest offerings from
our bulging sack!
POSTAGE PAID



LETTER OF THE WEEK!

She's Nat looking bad!

Dear Nuts,
I was on holiday and happened upon the gorgeous Natalie from *The Apprentice*!
CHARLIE via email
And she clearly doesn't like her bikinis taking up too much luggage space, either!



Cali pally

Dear Nuts,
Living in LA, I get to see the odd celeb. Here's me with Robbie Keane, then with Michelle Rodriguez after she skateboarded into me.
MATT Los Angeles
Is this just a roundabout way of boasting that you live in LA, Matt?

Tobacc-oh

Dear Nuts,
I saw this at the National Railway Museum in York. I'm not sure what it is or whether I'd actually like to ask for it.
DAN WESTWELL via email
It's tobacco. So put that in your pipe and smoke it, Dan!



STEALTH BUMMING CORNER!

"He never felt a thing!"
WAYNE Rotherham

Win! £100 cash!

Readers, here's your chance to appear in the pages of *Nuts* – and get paid for doing it! Just send your letters, hilarious spam pics, pimped pets and Camera Phone Cuties to nutslatters@ipcmmedia.com or post them to the usual address on page 66. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 68 apply.

She's just reflection perfection

Dear Nuts,
I think this is what mirrors were made for. What do you reckon?
RACHEL Nottingham
You wouldn't say that if you looked anything like we do in our underwear, young lady!



Her boobs had always been camera shy



Bill thrill

Dear Nuts,
I've got every *Nuts* magazine from 16 March 2012 to 30 May 2013 and would like to send them overseas. My puppy Denzel also supports our troops!
WILLIAM FLECKNEY via email
Nice work, William! Readers, if you want to follow William's example, email pete_cashmore@ipcmmedia.com

Camera phone comedy!

Seen something daft? Snap it, send it in and win £100!



Win £100!

Email nutletters@ipcmmedia.com or text your pic to 0771 388 8008 (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!

NAFF TATS CORNER



Your Jokes!

Bags and bags of cracking gags!



Past, present and future walk into a pub. It was a tense situation.

PAUL DETINUSU via email

I just got a brand new football for my wife. Top trade!

TAM O'RILEY Glasgow

After being hit by a bus, I asked my neighbour how she was. She said, "Don't worry about me, you berk, let's get you to a hospital!"

TONY JONES Rhyl

I see that Nigel Lawson wants to quit Europe. Shall we have a whip round for him?

MARK COLLINS Leicester



JOKE OF THE WEEK!

Taking the pizza

I WENT into a local takeaway today and said to the owner, "Please can I have a nine-inch pizza. I'd like the cheese to be chewy and stringy, the pepperoni to be scalded in the middle, the tomato to be undercooked, the base of the pizza to be soft, wet and to fall apart. Oh, and can I please have the edge of the pizza burnt badly and can you add those hard bits that break your teeth?"

The owner said, "Leave it out, son, I would never serve a pizza like that!"

"Really?" I said, "Well, you f**king managed it brilliantly last time!"

PETE South London

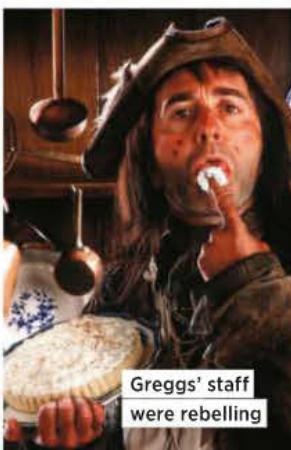
Life of pie

I WAS explaining Google images to my nan last night. I said, "It's amazing – all you need to do is type in anything you want in the search engine, and it'll throw up hundreds of images exactly matching that description. Go on, pick anything you want!"

"OK," she said excitedly, "what about looking up 'cream pie'?"

"Except that," I replied.

DAN LEWIS Essex



Firm but fair

I RECENTLY started a course of treatment which my doctor guaranteed would cure my impotence problem. Unfortunately, it had no effect at all. Still, no hard feelings.

PATRICK WALKER

via email



Sick joke

A TEENAGE LAD goes to a doctor and says, "Doctor, doctor! I keep vomiting and the room keeps spinning."

"What have you been doing for the last couple of hours?" asks the doctor.

"Hanging around the park, drinking Diamond White with my mates," says the lad.

"I'm sorry, I can't do anything for you," replied the doctor. "You're suffering from ciderfects."

BEN ROBERTY Torquay

What a blow!

A BLOKE'S walking along a cliff when he sees a girl about to throw herself off.

He asks her what she's doing. When she says she's going to top herself, he tells her it'd be a terrible waste and asks if she'd at least give him a blow job first. "Why not?" she says, and she gets down to it.

After, the guy says, "Wow, you're good. Why were you going to throw yourself off the cliff?"

The girl says, "Because my parents disowned me for dressing like a girl."

ROB COLWORTH via email



Win a TV & Fast & Furious box set!

Send your jokes to nutsjokes@lpcmedia.com. The sender of this week's best joke* wins *Fast & Furious: The Complete Collection* (films 1-5) on Blu-ray plus a TV to watch them on! *Fast & Furious: The Complete Collection* is out now to own on DVD and Blu-ray. *Fast & Furious 6* is in cinemas now.**

FAMOUS BLOKES' JOKES!

Micky Flanagan

"Back in the day, I was an international player. I made love to women as far afield as Cardiff and Cornwall. I once got a girl to w*nk me off on the Isle of Wight. It was a day trip!"

Milton Jones

"I went for an Italian recently. Well, he was annoying me!"

Reginald D Hunter

"Y'all like sarcasm in Britain. Clever ways to be indirect about what you think. Sometimes, it takes me three weeks to realise someone here's insulted me!"

Jack Dee

"Sir Alex Ferguson, eh? Never had him down as a quitter!"

Frankie Boyle

"UKIP leader Nigel Farage tried to hide from Scottish protesters by hiding in a pub. Which is like trying to hide from a lion by wearing a zebra costume!"

Meet Mellisa Clarke!

Introducing a Kent cutie with a love of tattoos and Limp Bizkit!



A close-up, color photograph of a woman with dark brown hair and bangs. She has intense blue eyes and is smiling warmly at the camera. Her skin is fair, and she is wearing a light-colored, possibly beige, strapless top. Her left hand is raised to her face, with her fingers resting near her mouth. Her fingernails are painted with a dark, possibly black or dark purple, polish. The lighting is soft and natural, highlighting her facial features and the texture of her hair.

MELLISA CLARKE



**“My fave
Nuts babe
is Lucy
Pinder!”**



Hello Mellisa! How are you enjoying your first ever *Nuts* shoot? It's fantastic! I grew up seeing *Nuts* in my local newsagent's!

How would you introduce yourself to the readers?

Well, I'm 21, I'm from Kent, I love DJ-ing and I love a party.

You won the Page 3 Idol comp this year. How cool was that?

Incredible. This has been the maddest year of my life.

Describe your ideal bloke.

Someone who can make me laugh and be really into me.

You have loads of tattoos. Do you have a favourite bit of ink?

I love the pin-up girl on my thigh. It was the first one I had when I was 18. Maybe it was a sign of my future to come!

Who's your fave *Nuts* babe?

Lucy Pinder. We're good mates and go out all the time. Apart from her, Holly Peers and Rosie Jones are up there.

Will you be off to a festival or two this year?

Yes – Download. I can't wait to see Limp Bizkit – they're one of my favourite bands of all time. And Slipknot.

What's a good look for a chap this summer?

I usually like scruffy blokes with tattoos and messy hair.

What do you wear when you want to feel sexy?

A nice loose-fitting shirt, with nothing on underneath.

Do you have a girl crush?

Yeah, Katy Perry. She has fantastic boobs.

Thanks, Mellisa! Finally, what's your ultimate ambition?

One day I want to set up an agency looking after lots of sexy tattooed girlies!



- Follow Mellisa on Twitter @Mellisa_Clarke

HENRY CAVILL

The Brit actor on transforming his body for the *Man Of Steel* movie!



Hi Henry! Did you find it nerve-wracking auditioning for the role of Superman?

No, because I'd auditioned for the role before, for *Superman Returns*, and you can only do the best you can. If you put too much hope on winning a role, you fast become disillusioned because in 99 per cent of the cases you don't get it.

So when you were offered the part, did you and your mates get right on it?

Ha-ha! Well, I could hardly believe it. I ran like a madman around the house, but at the same time I didn't want to be too enthusiastic as I'd been offered loads of important jobs that later never came about.

Aah, you're talking about the 007 role. You got knocked back from the James Bond job when it went to Daniel Craig, didn't you?

When I wasn't selected for Bond, I was very disappointed. I'd turned down a leading role in *300* because it was down to Daniel Craig and me, and auditioning for Bond took all my focus. The choice was between a younger Bond and one closer to his 40s, which is to say, Daniel Craig. But I've seen what Daniel did and I think the Bond producers made the right choice. He's fantastic.

"And stretch..."



How tough was training for the Superman physique?

I'd worked out a lot for the TV show *Immortals*, so I was in good shape. Still, my trainer changed my body for *Man Of Steel*. It was about two-and-a-half hours of training a day, pushing my body beyond its normal limits, putting on a lot of muscle. And I was on 5,000 calories a day!

You're from the Channel Islands. Was it hard doing an American accent for *Man Of Steel*?

Doing a US accent is about exercising the muscles in your throat and

your mouth. Sometimes it can sound great for a long period of time, sometimes your inflection's wrong. As long as you have a professional watching

over you, telling you when you do something wrong, it can seem effortless.

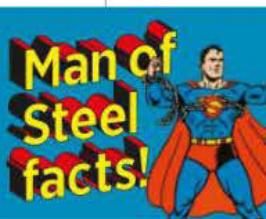
What did it feel like putting on the Superman suit for the first time?

Extremely cool, but emotional. I thought, "This is it. You're doing it – being Superman." I'll never forget it, because I really felt like him.

Really? We've gone

to fancy dress parties as Superman but we didn't feel too heroic. How did you manage that?

By being true to the original character. The truest source of Superman is the comic books, and I immersed myself in those rather than earlier movies.



- Cavill was very nearly cast as the caged one in 2006 Superman flick *Superman Returns*. He missed out to Brandon Routh, but gets to finally don the tights seven years later.

- Superman turns the grand old age of 75 this year. He made his first ever Action Comics outing way back in 1938.

- The Man of Steel was actually "killed off" by publisher DC Comics in 1992 – but made a return just a year later. (*Superheroes can get away with that, you see.*)

- There's extreme product placement in *Man of Steel* – the film's makers have been criticised for having over 100 promotional partners – including the US Army's recruitment arm!



Do you have any role models?

Russell Crowe. I was an extra in the film *Proof Of Life* – my school was being used as a backdrop. I asked him what it was like to be an actor, and he said, "It's great. And the money's pretty good too." And two days later I got a signed picture of him in *Gladiator*, saying, "A journey of a thousand miles begins with a single step." At the end of that journey of a thousand miles, he was there with me on the *Man Of Steel* set playing Superman's dad, Jor-El. Amazing!

What was the filming like?

To train and to work 12 hours a day is taxing on the willpower and the body, so the shoot was gruelling but incredibly good fun. I got to wake up every morning and say, "I'm Superman!"

After *Man Of Steel* opens, how do you see your life changing?

Hopefully, a bigger profile and more opportunities for work. The thing is, people believe that actors are able to choose their roles, but most of the time we're just taking the jobs we can get. Now I potentially get the luxury of choice – not every job's a good job.

As you're a superhero, is it strange to see your face on cups and action figures?

It's mega-weird, but as long as you don't get too wrapped up in it, it's great.

You must have got a few quid for this gig. What was the first thing you treated yourself to when the dosh came through? An Aston Martin DBS!

Nice! So, are you still managing to keep your feet on the ground?

Well, I've got four brothers who'll kick my arse if I get involved in the glitz and glamour, so I think so! 

- *Man Of Steel* is in UK cinemas from 14 June.



Check out these potty paint jobs!



USE THE FORD, LUKE!

Some extremely sketchy sci-fi scribblings from a galaxy far, far away.



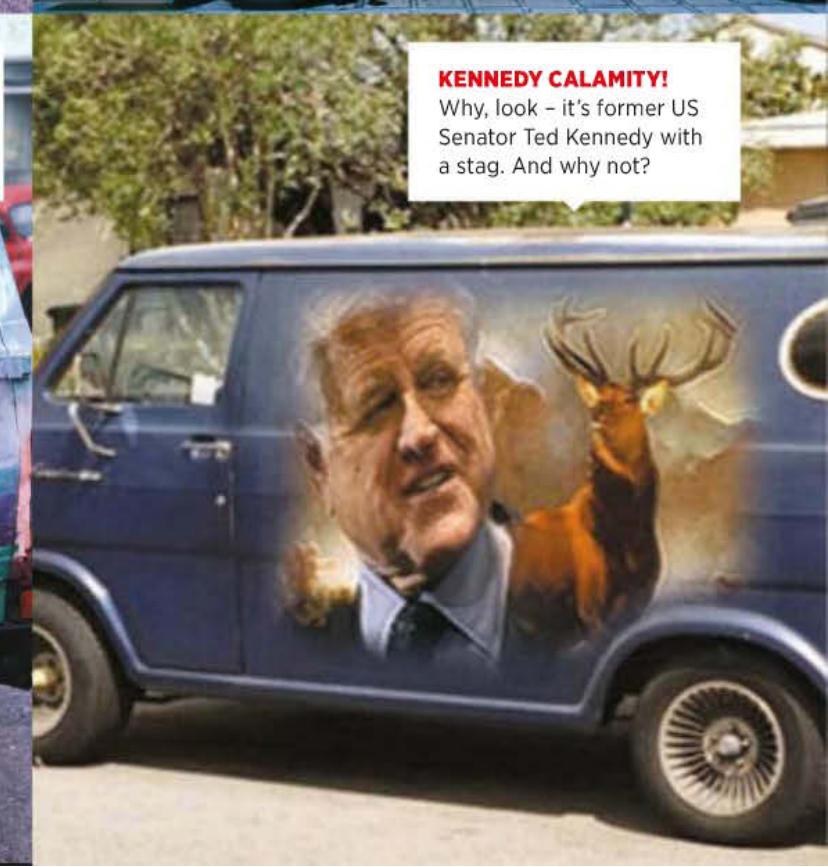
UNEASY RIDER!

When we said we wanted to hire a "tranny van", this isn't what we had in mind.



A RIGHT ROYAL MESS!

Yes, that's right, it's Prince Andrew and Fergie. What a mess! The van's bad, too.



KENNEDY CALAMITY!

Why, look – it's former US Senator Ted Kennedy with a stag. And why not?



HE-MAN VAN!

Imagine offering a removal service with this on your van? We'd hire them!



PECULIAR PAINT JOB!

Oh wow! It's supposed to be a... hang on... no, it's a... er, we'll walk instead.



WHAT A HOWLER!

Quite literally. Wolves are cool. Snakes are ace, too – even if they don't howl!



UH-OH, UFO!

The only unidentified object here is the driver – too embarrassed, you see.



BOBBY DAZZLER!

Yes, we probably would be dazzled. Right before crashing into a lamppost.



TOP GEAR? OH DEAR!

Actually, Hammond should be flattered – they've made him look normal.



SILLY STAR WARS!

Bad as it is, it's still more entertaining than *The Phantom Menace*.



CONFESSIONS OF A MAFIA KILLER

The gory double life of a doting father and cold-hearted hitman

Kuklinski claimed to have shot dead Mafia boss **Carmine Galante** – in broad daylight – in 1979.

RICHARD "THE Iceman" Kuklinski led a double life as a doting father and top Mafia hitman. Across three decades until his final arrest in 1986, he whacked 200 men, freezing the corpses and dumping them years later to confuse cops. He died while incarcerated, aged 70, in 2006. Here, in his own words, he describes what made him tick.

On his upbringing...

"My father would beat me if I just looked at him. He gave me this impersonal feeling I have when people die in front of me. Especially loud-mouthed people – they remind me of my father. Once a loud-mouthed person starts with me, I love it. It's the only excuse I need."

On his first kill...

"I saw him sleeping in his car. 'I got ya now, you little sucker, I'm gonna light ya fire.' And I did. I got myself a bottle and some gasoline and I threw it in the car. He was screaming and yelling. As I walked away, I could smell him burning."

On being hired as a hitman...

"My boss Roy DeMeo gave me a picture of him [the target] with a description of what he does and where he goes. I pulled up to him on my motorcycle, got a look at his face, then took my weapon out and blew his head off. It just disintegrated like a pumpkin hit with a shotgun. The light turned green and I left."

On his methods of execution...

"Most of the time I'd shoot 'em under the chin, but one time I shot a guy in his Adam's apple to see how long it would take him to die – it was a few minutes. He drowned in his own blood. I was with somebody else at the time and we had a bet on how long it would take. I lost."

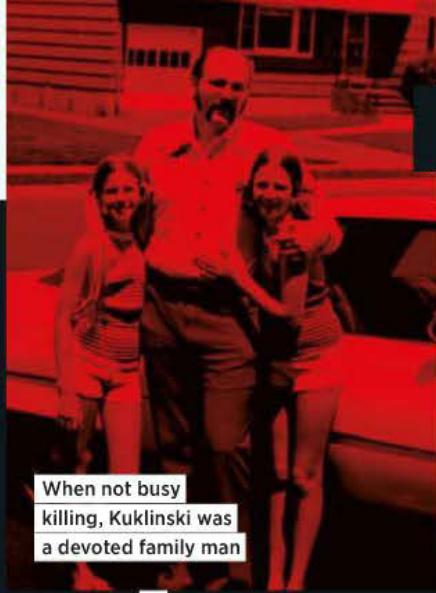
On his weapons of choice...

"I once used a crossbow and just popped a guy in the forehead with it. I didn't like chainsaws. They're messy... all over you, you've got little pieces of meat. That'll ruin a good shirt and be downright stupid. I used a butcher's knife."

On his deadly career...

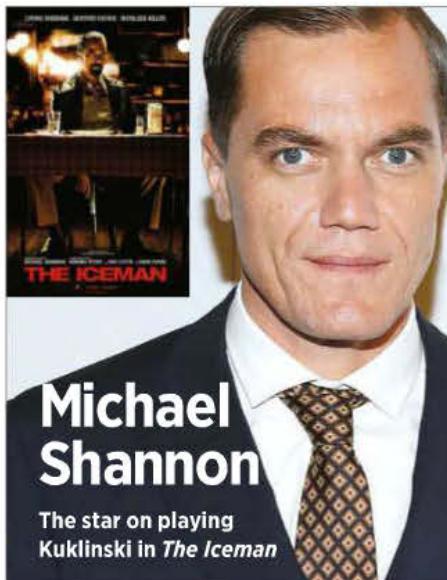
"I killed more than 200 people. Sure, I killed 100 people when I was young before I even knew anybody [in the Mafia]. I killed people for nothing. If somebody looked at me wrong I'd kill 'em. Stab 'em. Shoot 'em. I'd watch them die. I didn't just shoot 'em and walk away."

When not busy killing, Kuklinski was a devoted family man



On disposing of a body...

"You could bury it, put it in a barrel and dump it or leave it in the trunk of a car and have it crushed."



Michael Shannon

The star on playing Kuklinski in *The Iceman*

How did you begin to get inside the mind of a serial killer? I started with interviews he did for US TV back in 1991. The director got me the unedited version – and I just watched it over and over again. I don't understand how people manage to kill one other. Fortunately, I don't have to.

What did you learn about Kuklinski that brought the character to life?

I had to consider the fact he had a huge amount of rage inside him based on a very traumatic childhood. Being a hitman gave him an opportunity to do something for monetary gain. But I think he was longing for a normal life. He knew who he was and what he'd done and he could just never figure out how to stop it.

Could you relate to him? Yeah, if you didn't know what he'd done I don't think anybody would dislike the guy. He was very sharp and charming in his way. He doesn't seem like an intrinsically rotten person but he had a very distinct, separate part of his psyche that was able to do these horrible things.

How difficult is it to retain that intensity over months of shooting films like *The Iceman*?

You just get into a zone. It's like a tour of duty. If you're out in Afghanistan you can't wake up one morning and say, "Oh, this is too hard – I'm going to go home." You've got to finish your tour. I don't goof off a lot on set. If I'm not in front of the camera I just eat carrot sticks and keep quiet.

On being ruthless...

"I was a person who was able to hurt somebody at any given time with no remorse. And who could do it over and over again without it bothering them. 'Assassin' sounds so exotic. I was just a murderer."

On his Insanity...

"I don't get an adrenaline rush from hurting, hitting or shooting anybody. Does nothing for me. Leaves me cold. That's when I figured I must be crazy. I should be feeling something. I'm the furthest thing from a nice guy."

On torture...

"I'd take somebody into a cave, tie 'em up and leave 'em there with a camera on. And the rats would eat 'em. They'd scream and yell but more rats would come and they'd consume these people."

On stalking his prey...

"I'd been stalking this guy for days and went up to him from behind, put a clothesline around his neck and threw him over my shoulder like I was the tree that was hanging him. Eventually, he stopped kicking. I actually felt him die. I got my relief. No more tension or pressure."

On his friends...

"All of my friends are dead. I was put in prison by a man I'd known for 30 years – and I liked him. That was a big mistake. And he's the only friend that I didn't kill."



● *The Iceman*, the film based on the life of Richard Kuklinski, starring Michael Shannon, is in cinemas everywhere now.



HER
SEXIEST
EVER
SHOTS!

CHANELLE PRESENTS...

Big Brother Uncensored!

Miss Hayes reveals
all about the planet's
sauciest show!

CHANELLE ON BB!

Chanelle was
a contestant
on the eighth
series of *Big
Brother* in
2007. She left
on day 62.



BB UNCENSORED

BB UNCENSORED



Hi Chanelle! What was it like when you first went into the *Big Brother* house?

Really scary.

The first thing I said was, "Oh God, f**k me up the arse!" I'd forgotten I had a microphone on. It was broadcast on live TV in front of my mum and dad!

So you weren't into it then?

No, it was awful. We were all locked up in rooms for 12 hours before going in. Before that, we'd been in hiding for three weeks in France.

Did you meet the others before you went in the house?

No. When I went in, I just thought, "Sh*t, what have I done? I should be doing my A-levels." Then they gave me champagne, so I stayed in!

How did you start to make friends in the house?

It was like being on a training day but with weirder people. I really liked the Marchant twins and Brian, but everyone else was a bit of a w*nker!

What would you advise anyone going into the house now?

Don't do something for the sake of being famous as you come across as a massive dick.

How did your life change?

I got whisked to LA. I lived in a gorgeous apartment in London and stayed in one of the nicest hotels I've ever been to for four months. Crazy!

How's the shoot been today?

Amazing, but a bit painful – I had black tape on my nipples! I've been wearing bondage gear – I could've spanked you, *Nuts!*

Crikey! Finally, will you be watching this series of *BB*?

Yeah, definitely. I like to suss out the fit girl who wants to make it as glamour model. I can't wait!

"I've been wearing bondage gear – I could've spanked you!"





BIG BROTHER'S SEXIEST GIRLS!



TASHIE JACKSON

BB12 2011

The Oxford belly dancer was first to be evicted from *BB* 2011, which meant she was the first *BB* 2011-ette to feature in *Nuts*!



IMOGEN THOMAS

BB7 2006

The Welsh babe was recently snapped spending £200 on underwear in a posh pants shop. Money well spent, we say.



Chanelle
says: "Imogen's
gorgeous. She
has amazing
curves!"



NOIRIN KELLY

BB10 2009

Dublin beauty Noirin got in some practice for her future *Nuts* shoots by cavorting around the *BB* house in virtually nothing.



LAUREN CARRE

BB13 2012

Lauren's now studying sociology and criminology. Not getting her to peel off for *Nuts* would have been criminal.



CORIN FORSHAW

BB11 2010

Corin used to get mistaken for Katie Price because of her 30G boobs, so we gave her a shoot to help fans spot the difference.



JEMMA PALMER

BB12 2011

Jem first made our eyes boggle when she appeared as Inferno on *Gladiators*, jiggling her boobs while racing up the Travelator!



RACHAEL WHITE

BB11 2010

Rachael used to work as a Beyoncé lookalike before *BB* fame. We like what we see and we wish we'd put a ring on her! ►

BB UNCENSORED



SARA FOLINO

BB9 2008

The first Aussie in the UK *BB* house, Sara didn't even complain about the weather, strutting around in a bikini in the rain.



JENNIFER CLARK

BB9 2008

Lovely Jennifer jumped straight out of the *BB* house and into *Nuts*. We really ought to erect a slide to save time.



STEPHANIE MCMICHAEL

BB9 2008

Steph was on *The X Factor* in 2012 as one half of Poisonous Twin, but we always remember her for those *BB* boobs.



LOUISE CLIFFE

BB12 2011

Louise used to live in the CandyCrib, which was the glamour girl-only version of *Big Brother* we used to love at *Nuts*.



SOPHIE READE

BB10 2009

Time flies when you're featuring gorgeous *Big Brother* girls in *Nuts*. We can't believe it's been four years since Sophie won!



SARA MCLEAN

BB13 2012

The sexy Scot, star of last year's *BB*, is a former Miss Edinburgh – a great argument for keeping the Union together! ▶



CHARLEY UCHEA

BB8 2007

Former Stringfellows dancer Charley had a bit of hard time in the *BB* house, but she's always welcome in the pages of *Nuts*.



**BB'S
RUDEST
MOMENTS:
UK!**



BIG BROTHER 5 2004

Michelle Bass got involved in a mud fight with Nadia. Luckily, it ended with Michelle and Shell having a topless romp on the grass. Knockout!



BIG BROTHER 5 2004

Only a mad person would wear clothing to have an all-over wash, which is why Michelle Bass' shower with Stuart was sexy and sensible.



BIG BROTHER 5 2004

The summers in Britain aren't always rubbish. Michelle Bass got so hot in BB5 that she ran around the garden starkers. Way to go, global warming!



BIG BROTHER 2 2001

The mere sight of the BB hot tub seems to persuade female housemates to shed all their clothes as Helen, Amma and Elizabeth in BB2 proved.

**BIG BROTHER 6** 2005

Everyone loves a night-time dip, but none more so than Geordie Anthony Hutton, who swerved the "no petting" rule with Orlaith in the pool. Lucky get!

**BIG BROTHER 6** 2005

Kinga tried as hard as she could to make an impression on *BB6*. When she unleashed her 34FF boobs in the pool, she certainly succeeded!

**BB UNCENSORED****BIG BROTHER 8** 2007

Everyone likes a mystery, like this: why was Charley Uchea leaning over Liam with one of the Marchant twins? Who knows, but it looks like he's enjoying it.

**BIG BROTHER 6** 2005

Orlaith gave viewers plenty of reasons to watch her flirty on-screen antics in *BB6*. Shaving her legs without a top on revealed two of the most persuasive.



Chanelle says: "*BB6* was mental. There must have been something in the water!"

BIG BROTHER 6 2005

One day on *BB6*, Makosi Musambasi decided to speed up the process of tidying up her bed by removing all her clothing. Good thinking, Makosi.

**BIG BROTHER 6** 2005

Hmm. What to do when you're topless? "Makosi, Orlaith – fancy snogging each other in front of millions of viewers in the pool? You do? Excellent!" ►



BB'S RUDEST MOMENTS: GLOBAL!



Chanelle says:
"Ugh, that's so weird! I'd never do that. I hate going underwater!"

BB BRAZIL

There's a fine line between a bit of naughtiness and absolute filth. That line was crossed by this randy pair. Hope the World Cup's as good as this!



BB AUSTRALIA

The Aussies love a good pool party in the sunshine. And who can blame them? When the results are as raunchy as this snog, you'd be mad not to!



BB FRANCE

In France, BB is called *Loft Story*. Here, Loana caused a stir by showing off her boobs and generally being a game lass. Unsurprisingly, she won.



BB NORWAY

Sometimes the BB tasks are, well, a bit boring. Not this one, which got female contestants to perform as strippers. A challenge they gamely completed.



BB GERMANY

Even when the lights go out, there's nowhere to hide, which for German viewers could only be a good thing when Annina got it on with Sascha.



BB HUNGARY

When Italian housemate Renato was given a "warm" welcome by Hungarian lass Evi, he'd have definitely seen the benefits of European integration.



BB POLAND

Some people are just happy to be in the house. Look at Monica in Polish BB here – she's so overjoyed, she's taken off all of her clothes! Good for her.



BB POLAND

With no mobile phones or TVs in the house, BB contestants can get a little bored. How else can you explain this unusual variation on the game of pool?



BB SWEDEN & NORWAY

The Swedewegians are known for the eco credentials. Here, randy Angelica gives lucky housemate Kristian a “reward” for sharing a shower with her.



BB GERMANY

Ever get the feeling that someone else is having a better time than you? On New Year's Eve 2004, this fräulein's striptease gave us all conclusive proof.



BB SWEDEN

Henrik and Rebekah proved Swedes are a lovely bunch when they did the jiggy on live TV. Though Rebekah lost points for not taking her top off.



BB USA

In 2002, Tonya Paoni's housemates decided the best solution to her bikini slipping off was to cover her in peanut butter. It worked for us!

Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!

NutsTV

TV built for blokes!

MICRO MONSTERS WITH DAVID ATTENBOROUGH
SATURDAY • **Sky1/HD, 8pm**
The bonkers world of bugs!

"Stop peeing on my plants, pal!"

Friday 14 June



Channel 5's new interior design expert just wasn't cutting it



"This new electric razor's a bit loud"



"That bloke in the shades is really blurry. I must be wrecked!"



THE BREAKFAST CLUB

BBC TWO/HD • 11.05pm

A John Hughes comedy (he also did *Ferris Bueller's Day Off* and *Uncle Buck*) about five students serving detention together. An '80s classic!



Big Brother: Live Launch Part 2

CHANNEL 5/HD • 9pm

Those of you who are enjoying our *Big Brother* special this week (fronted by sexy *BB* star Chanelle) will enjoy all the shenanigans of the final part of this year's live launch. They say: "Expect loads of exciting twists and turns!" We say: "*Big Brother*, you always say that!"

★★★

Micky Flanagan's Out Out Tour

CHANNEL 4/HD • 10.35pm

East End geezer Micky never fails to get a few belly laughs from us and this gig's no exception. And with gags like: "Teenage pregnancy is through the roof and I'll tell you why – over the last 30 years, fingering has disappeared!" you can see why we rate him.

★★★★

Dinner For Schmucks

BBC ONE/HD • 11.25pm

Paul Rudd plays an ambitious financial executive who takes part in a bizarre game which involves him befriending a moron and taking him to a special dinner party. Not a great flick, but Steve Carell and Zach Galifianakis save it by being brilliantly weird.

★★★

Saturday 15 June



Micro Monsters With David Attenborough

SKY1/HD • 8pm

Sir David's back, this time looking at some of the world's smallest creatures. Not for the squeamish, it has fantastically detailed graphics as we look close up at spiders and scorpions.

★★★★★



Date Night

CHANNEL 4/HD • 9.35pm

Really silly but amusing comedy about a bored married couple who try to spice up their life with a romantic night out. When they end up stealing a table meant for another couple at a popular restaurant, a case of mistaken identity leads to some very funny scenarios for the couple. Steve Carell stars (again) and is brilliant (again).

★★★★★



UFC 161: Evans vs Henderson

ESPN • 3am

Ex light-heavyweight champ Rashad Evans and UFC legend Dan Henderson (above, right) are both desperate for a win to revive their flagging prospects, so expect a war. Just don't expect us to call a winner – they're more evenly matched than Jordan and Jodie Marsh!

★★★★★

SOFA AMMO

LOCK, STOCK & TWO SMOKING BARRELS

ITV/HD • 11.05pm

Ray Winstone was originally offered the role of Hatchet Harry but knocked it back. This movie also marked The Stath's first ever acting role!



Sunday 16 June



US Open Golf

SKY SPORTS 1/HD • 6.30pm

Tiger Woods was favourite for April's Masters but faded, leaving Adam Scott (above) to become the first Aussie to get his name on the trophy. We're backing Scott to get close again as the year's second Major heads into the final day at the Merion Golf Club in Pennsylvania. A chilled Sunday evening viewing is guaranteed!

★★★★★



The Returned

CHANNEL 4/HD • 9pm

This new French drama is as intriguing as it is creepy. After a coach load of kids and teachers die in a crash, they start returning to their homes years later. One of them, teacher Simon, approaches his former girlfriend. And returned Camille can't fit back in with her family – especially now her twin sister is years older than her.

★★★★★

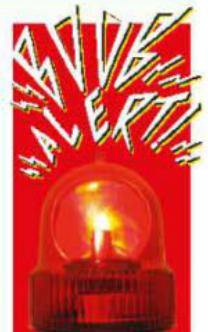


District 9

CHANNEL 4/HD • 10.05pm

If you've never seen this sci-fi flick, you're in for a treat. Its premise? In the early '80s, an alien spaceship landed in Johannesburg with a population of ETs nicknamed prawns. Today, the prawns are living in slum ghettos, until the government has enough, and tries to evict the population. Enter respectful government agent Wikus...

★★★★★



SPECIES III

ITV4/HD • 9pm

The film's pretty pants, but there's plenty of nudity courtesy of Sunny Mabrey.



Monday 17 June



Premium Rush

SKY MOVIES PREM/HD • 9.45pm

A great cast including Michael Shannon and Joseph Gordon-Levitt can't turn this so-so thriller into anything more than 90 minutes of a bad cop (Shannon) chasing a bicycle courier who's just trying to deliver his package. But the cop wants it! The script's cheesy, the stunts are alright, but it won't set your world on fire.

★★★

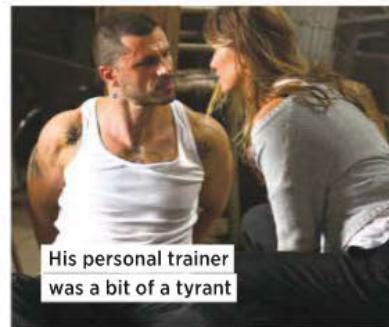


Rat B*stards

DISCOVERY/HD • 10pm

One thing we would never associate with the business of catching swamp rats the size of small dogs is humour. So, it's a good job this new series has come along to address that, which follows six Louisiana goons finding new ways to outwit the furry blighters. They get things off to an unsubtle start by using dynamite.

★★★



Banshee

SKY ATLANTIC/HD • 10.05pm

We've been enjoying the first series of this US drama, but now we're really interested. That's because Odette Annable (Dr Jessica Adams in *House*) makes her first appearance as Alex's sister Nola, and we just love her acting. Plus she's impossibly fit. Elsewhere, Carrie has an encounter with Mr Rabbit's right-hand man.

★★★



CHANNEL 5 • 9pm

What started as a toothache for Tare turned into a tumour. But thankfully, help was on hand after the tumour began pushing her jaw out of her mouth.



Tuesday 18 June



The Call Centre

BBC THREE • 9pm

This docu set in a Swansea call-centre is proving a whopping success for BBC Three, and we can see why. We follow the most annoying people on the planet – yup, those who call you at home at the worst times to try to flog you something. However, as we meet the faces behind the phone, we see they're actually alright.

★★★



Mad Dogs

SKY1/HD • 9pm

Episode three of four, and we're in familiar territory. Four English thespians trying to joust each other off the screen in an ever-more-ridiculous spiral of events. It's hard to believe a weekend in a Majorcan villa in series one led to drug deals, murder and incarceration in the Moroccan Guantanamo. Park brain. Enjoy.

★★★



Hannibal

SKY LIVING/HD • 10pm

This episode's more focused on getting inside Hannibal's head. When he visits a shrink (the very sexy Gillian Anderson) we discover he's a bit lonely. Well, if you will go eating everyone. Meanwhile, in the land of murdering, there's someone taking people's organs, and it's not Hannibal doing a quick stir-fry with them.

★★★



DATES

CHANNEL 4/HD • 10pm

Check out the very sexy Gemma Chan, who plays a closeted lesbian.



Wednesday 19 June



They hadn't
grasped the rules
of hide and seek



"The car door? Oh,
I carry this with me
everywhere"



He celebrated
bonfire night in his
usual low-key way



CONFESIONS OF
AN ALIEN
ABDUCTEE

CHANNEL 4/HD •
10.35pm

Docu following
group of people
who call an alien
abductee hotline!



The Apprentice

BBC ONE/HD • 9pm

So far, we've had sexism bombshells in the boardroom, a pillock mixing up inches with centimetres and some of the worst business deals since Chris Samba signed for QPR. All standard *Apprentice* fare, then. This week, the contestants have to drum up an online dating concept and TV ad. Shenanigans, as ever, ensue.

★★★

Justified

SUSA • 10pm

The fourth series of the drama following Marshal Raylan Givens (Timothy Olyphant) and his efforts to keep a grip on the hoodlums in his crime-ridden town rattles on at a rip-roaring pace. Two people are killed by bail-jumper Jody Adair, while Boyd and Ava attend a swingers party. Just another day in Harlan County!

★★★

Buried

ITV4/HD • 12.15am

Like your films on the claustrophobic side? Check this out, then, which basically features an American truck driver buried alive in a coffin in Iraq for the entire film. With only a few items at his disposal and a dwindling supply of oxygen, he faces a race against time to escape. Utterly gripping, in a *127 Hours* kind of way.

★★★★

Thursday 20 June



"That's all I need -
a panpipe version
of Angels on hold"

Luther

ALIBI/HD • 9pm

This rerun of the first series of the moody crime drama has whetted our appetites for more of the troubled detective. Thankfully, a third series is on the way on the Beeb around July/August, but in the meantime, pity poor Luther here. He's after a new serial killer, then another one, Henry Ramsden, wakes from a coma!



"For the last
time, darling,
it's not a wig"

Being Human USA

WATCH/HD • 10pm

Nora reveals there will be the pitter-patter of tiny werewolf feet in the monster household, leaving the prospective furry father scratching his head over lycanthrope virility. It's simple, Josh, when two werewolves love each other very much...

★★★



Lemon La Vida Loca

ITV2/HD • 10pm

It was only a matter of time, but a sex tape of the ginger tool has leaked onto the internet, but Lemon's more concerned with his disastrous day out with Myleene Klass. Cue nob gags, indiscriminate swearing and more nob gags from ITV2's schedule-filler.

★★★



BI-CURIOUS ME

CHANNEL 4/HD •
10pm

Middle-aged
women who
thought they were
straight going to
the other side.
It's not sexy. We
watched it so you
don't have to.



Nuts REVIEWS*

MOVIES



It was an unexpected find for the Large Hadron Collider

MAN OF STEEL

14 June • 12A

Henry Cavill puts on the red pants to play Superman in the Christopher Nolan-produced reboot directed by Zack "Watchmen" Snyder. We

follow Kal-El's childhood journey from a war-torn Krypton to Earth where he fulfills his destiny to become Earth's only hope against villainous Krypton invader General Zod (Michael Shannon). Awesome action in a compelling retelling. ★★★★



BEHIND THE CANDALBRA

7 June • 15

Michael Douglas camps it up as pianist Liberace. With Matt Damon as you've never seen him before! ★★

"This evening of Metallica covers is going to be great!"



MUSIC



BEADY EYE

BE

This second album's full of serviceable bloke-rock with very few numbers that veer towards anthem status. A shame. ★★



CSS PLANTA

This lot did a gig in the *NME* office next door recently. It was rather jolly, and their new bundle of daft funk isn't too shabby either. ★★★

DVD & BLU-RAY



The staring competition was getting intense

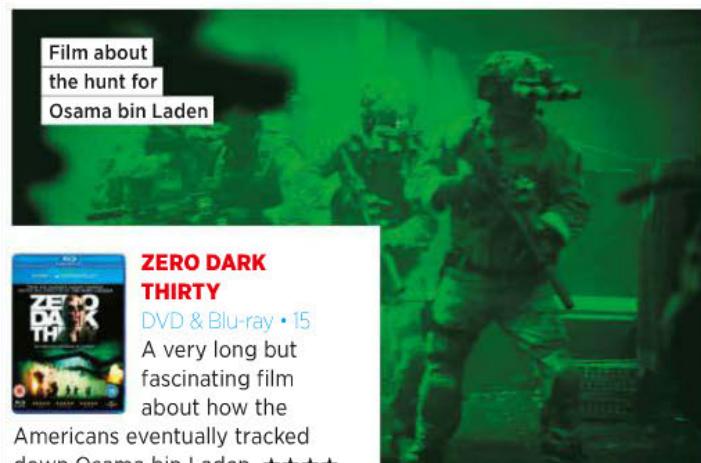


A GOOD DAY TO DIE HARD

DVD & Blu-ray • 15

It's been 25 years since the first *Die Hard* movie was released, and sadly, this doesn't nearly live up to the four

previous ones. This time, John McClane travels to Russia to find out what's happened to his estranged son, who just happens to be a spy in the midst of a mission. Not nearly as good as we'd have hoped, but watchable nevertheless. ★★



ZERO DARK THIRTY

DVD & Blu-ray • 15

A very long but fascinating film about how the Americans eventually tracked down Osama bin Laden. ★★★



TECH N9NE SOMETHING ELSE

The hip-hop veteran ropes in T-Pain, B.o.B, Cee Lo Green and Danny Brown in an album sprinkled with bangers. ★★★

RATINGS: ★★★★★ Genius ★★★★ Very good
★★★ Investigate ★★ Alright ★ Rubbish

GAMES



"For the last time, give me the remote - we're missing *Countryfile*!"



THE LAST OF US PS3

Naughty Dog, the makers of jaunty shooter *Uncharted*, return with an amazing, post-apocalyptic story of an infection which has laid waste to the earth

and turned the population into terrifying spore people. Escorting a young girl to safety, you face enemies mutant and human, with ammo scarce and avoiding a fight often preferable. Survival horror has a new star. Essential. ★★★★★



KNIGHTS OF THE OLD REPUBLIC

iPad, iPhone

The best ever *Star Wars* game gets a surprise tablet port, and the controls actually work, mostly! If you've not played this, do now. ★★★★★

ANIMAL CROSSING: NEW LEAF

Nintendo 3DS

Town-making gaming juggernaut is now more complex than ever when managing and interacting with residents. Terrifyingly addictive. ★★★★★

APPS



IMAGIC LITE

iOS

Not quite the dizzy heights of *Dynamo*, this free magic illusion app will still amuse your mates and impress the ladies. ★★★



APPGRATIS

Android

Just banned by Apple, this not only recommends daily free apps but also keeps you posted on apps to get when they appear. ★★★★★

A promotional image for the TV show 'The Valleyys'. It features a woman in a purple dress with a floral corsage on her shoulder, smiling and raising her right arm. She is standing next to a large, fluffy sheep. In the background, there is a green banner with the show's title 'THE VALLEYYS' in large white letters, and a smaller banner below it that says 'BIG DREAMS. ANY HOPE?'. The MTV logo is in the top left corner. The top right corner has the text 'BRAND NEW REALITY' and 'TUESDAYS 10PM'. The bottom right corner has the word 'Nuts' in large red letters. The bottom left corner has the text 'MTV.CO.UK/THEVALLEYYS'.

Nuts FASHION

10 swim shorts!

Make a summer splash!

£10

**NANNY STATE
AT BANK**

Only the best from
this Brit brand.



£12

**WILLIAMS &
BROWN AT JACAMO**

This simple style
is great on price.



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O'NEILL

Grab yourself
some classic
surf style.



£18

OCEAN PACIFIC

This brand has
whole heap
of styles.



£35

SUPERDRY

You can pick
these up
online.



£50

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SURFDOME.COM**

We love a printed
pair of boardies.



5 sun care products



£10

NEXT

A good basic from the high street.

STOCKISTS: NANNY STATE, OUTCAST, WWW.BANKFA.SHOP.ONLINE.UK, NEXT, WWW.NEXT.CO.UK, MCKENZIE, WWW.MCKENZIE.CO.UK, O'NEILL, WWW.O-NEILL.CO.UK, WILLIAMS, WWW.WILLIAMS-SPORTS.CO.UK, PIZ BUIN, WWW.PIZBUIN.COM, SUPER RODY, WWW.SUPERRODY.COM, VANS, WWW.VANS.COM, SURFCARE, WWW.SURFCARE.COM, ULTRASUN, WWW.MARKSANDSPENCER.CO.UK, LANCASTER, WWW.SELFRIDGES.COM
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VOLCOM

A great take on the board short.



£20

OUTCAST AT BANK

These shorts will get the girls chatting.

£20

MCKENZIE AT JD SPORTS

A longer style, if that's your thing.



£13

RIEMANN P20 SPF30

This spray needs applying just once a day and lasts ten hours. Amazing stuff.



£8.98

PIZ BUIN WET SKIN TRANSPARENT SUN SPRAY SPF30

This water-resistant stuff can be sprayed on while you're wet!



£21

LANCASTER SUN SPORT DRY TOUCH GEL SPF20

Lancaster does serious sun care, and this gel won't leave you sticky.



£4.50

NIVEA MOISTURISING AFTER SUN SPRAY

Spritz yourself silly and quench parched skin with this.



£19

ULTRASUN SUPER SENSITIVE SPF30

Brilliant if you suffer from heat rash or sensitive skin.



Nuts Games

Deal or No Deal masterclass!

A host of hot tips to help you win big!

→ YOU MAY think Deal or No Deal is a game for people who believe in "systems". But take it from us – the multi-line slot game certainly isn't!

You can win big from the comfort of your own home for as little as 5p, and if you play on all lines, you could win a progressive jackpot. One recent *Nuts Games* winner bagged himself a massive £127,089! Head to www.nutsgames.co.uk and start playing NOW!

How to play

- The aim is to get winning symbol combinations from each spin of the reels, with the ultimate target being the progressive jackpot.
- You can select up to 20p on each of the 20 pay lines. That gives you up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can also win extra cash!

Paul won £127,089!

Paul W won big with Deal or No Deal slots!

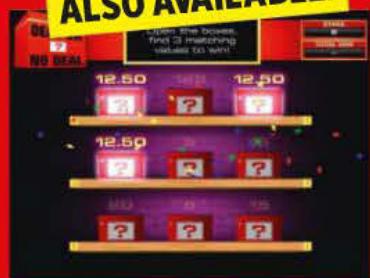
 "I still can't quite believe how lucky I've been! I'll be able to buy my own home now!"



Plus win up to £10K

Play three games for the price of one with the Deal or No Deal scratchcard! Play for just £1 to win up to £2,000 or go for the £5 card to win as much as £10,000!

ALSO AVAILABLE!



WWW.NUTSGAMES.CO.UK

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Nuts
GAMES

gambleaware.co.uk



Nuts GEAR

1 Razer Blade

www.razerzone.com

Nuts says: Just 1.7cm thick, but this gaming lappy still manages to slide in an Intel i7 quad-core chip and Nvidia GTX 765M graphics card, so it should play most stuff without stuttering into slo-mo.

£1,500



BUILD IT UP

It has a 14in screen, backlit keyboard and all-aluminium chassis.



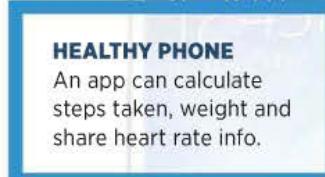
2

2 Mighty Mug

www.themightymug.com

Nuts says: Drinks container that sticks to surfaces with a tiny vacuum, so won't tumble over if bumped, while a leakproof lid lets you drink from any angle.

£20



3

3 Galaxy S4 Mini

www.samsung.com/uk

Nuts says: Smaller version of Samsung's flagship blower. This has a smaller 4.3in screen, but still the Android Jelly Bean operating system and iPhone-beating extras.

FREE WITH CONTRACT



HOT COFFEE

Insulated walls will keep your expensive and pernickety latte hot.



4

4 Tardis speaker

www.whosounds.com

Nuts says: Noisy speakers in Doctor Who's company car. Link a music source via Bluetooth and it'll play music via its 2.1 speaker system.

£150

WITH NERDY STUFF!

The LED on the roof flashes and it makes the Tardis sound!

FRANK WARREN
PRESENTS
CHAMPIONSHIP BOXING

BEHIND ENEMY LINES
WEMBLEY ARENA / SATURDAY 20TH JULY 2013

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THE WBO INTERNATIONAL MIDDLEWEIGHT CHAMPIONSHIP
O'SULLIVAN v SAUNDERS

THE IBF INTERCONTINENTAL SUPER-BANTAMWEIGHT CHAMPIONSHIP
CARL FRAMPTON

THE WBO INTERNATIONAL SUPER-FLYWEIGHT CHAMPIONSHIP
PAUL BUTLER

FRANK BUGLIONI / CALLUM JOHNSON / BRADLEY SKEETE / GARY CORCORAN / BRADLEY SAUNDERS
MITCHELL SMITH / BILLY MORGAN / TOM BAKER / JOEY TAYLOR / STEVE O'MEARA

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**Food**

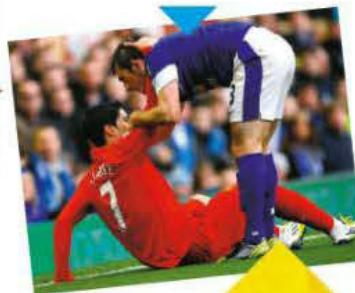
"I love **CURRY**. I go to an Indian place called Paradise in London and I've stepped it up from a vindaloo – they've got a hotter one."

**Actor**

"**AL PACINO** is the best. He's done a new film about the producer Phil Spector. It's great."

Football team

"I support **LIVERPOOL**. One of my mates is Everton's Leighton Baines. But our relationship's fine. It only gets affected when I batter him on *FIFA*."



ONLY IN
Nuts!

**TV show**

"I'm really buzzing off **BOARDWALK EMPIRE**, even though I'm a bit late on it. Steve Buscemi's just fantastic."

**Film**

"My favourite film's **MEAN STREETS**. It was Robert De Niro's first real feature, and Martin Scorsese directed it. It's gritty and low-budget."

**Aftershave**

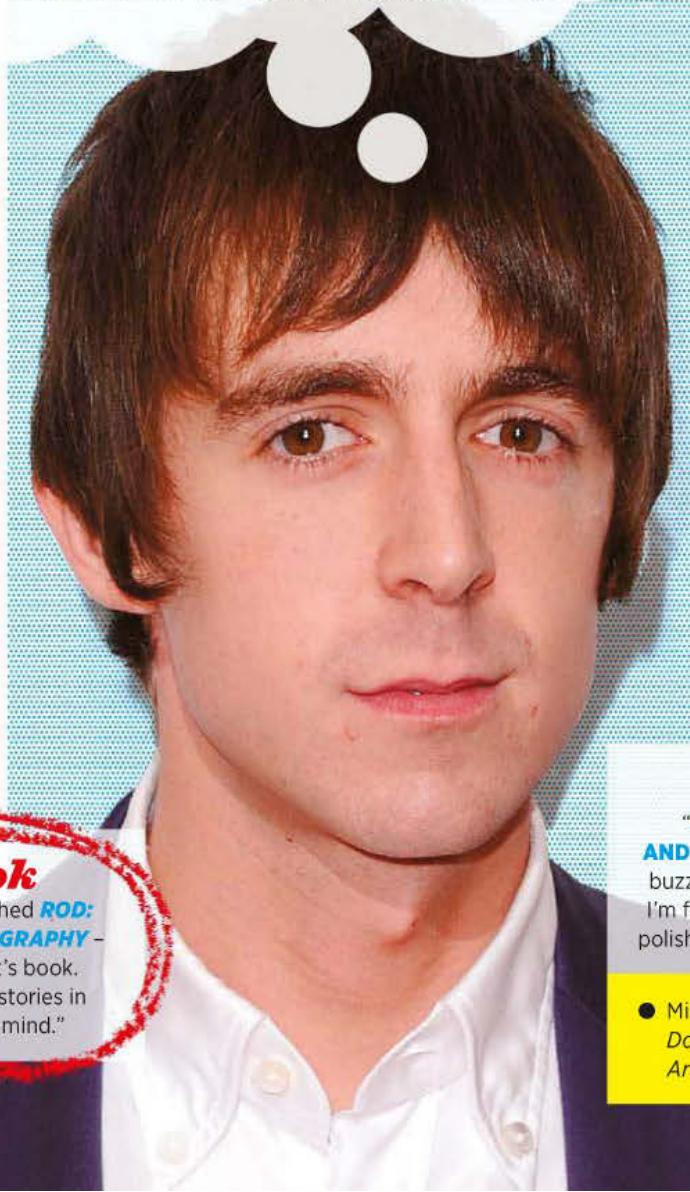
"**MONOCLE SCENT ONE** – whatever that stuff's got in it, it's working for me. It's like my Lynx advert."

**Festival**

"I had a ball at **BENICASSIM** in Spain. The weather was boss, everyone was up for it. Loads of mates came, and the birds were in hotpants."

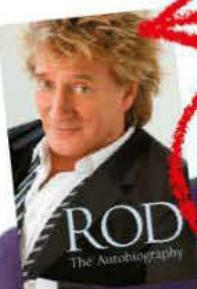
Stuff I like!

The Last Shadow Puppets co-frontman Miles Kane bigs up his favourite things!

**Book**

"I've just finished **ROD: THE AUTOBIOGRAPHY** –

Rod Stewart's book. Some of the stories in it blew my mind."

**Music**

"The amount of music **THE BEATLES** have got that still sounds amazing today is incredible. And being from the Liverpool area myself, it was always around."

**Drink**

"**HENDRICK'S GIN AND TONIC** gets me really buzzing. After about four, I'm feeling great, but I can polish off ten easily. Ha-ha!"

● Miles' new album, *Don't Forget Who You Are*, is out on now.

Nuts **REAL GIRLS**



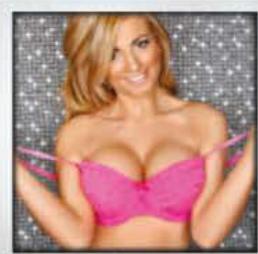
**BEDROOM
BABE!**

You voted, she won, we took the pics!

**"I love my sexy tight
corset and hotpants!"**



"I'm known for my big smile and bigger boobs!"



The Pic she
Sent us!

Hannah

21 Spain

Boobs: 34DD

Turn-ons: "I love a bit of stubble on a man!"

Favourite position: "I like to be on top!"

Turn to vote for our
next Bedroom Babe!

NUTS PROMOTION

Nuts HOT DATES

Ann

21, Manchester

Hi Ann! What would you say are your best features?

Definitely my boobs and my bum. I have a curvy figure with a small waist, which I think are really nice!

How could a bloke impress you with just £5?

Buy me a cinema ticket to a horror film. I love scary stuff!

What's the best chat-up line you've ever heard?

It was, "I didn't know angels existed on Earth – help!"

What's one way men could make themselves more attractive?

Don't be arrogant or act like

"Buy me a cinema ticket to a horror film. I really love scary stuff!"

Ann

you're god's gift to women. Honesty is so attractive.

What's the key to your heart?

Ben & Jerry's do these ice cream cookies and they're amazing. Buy me one of those and we can definitely have a chat!



**FREE
TO JOIN
TODAY!**

See what girls really want!

Our Bedroom Babes stars tell us how it is!

→ **Nuts Hot Dates** has 1,000s of girls waiting to hook up. All you have to do is sign up and start arranging that first meeting...

- **Search by postcode or by using your phone's GPS!**
- **Free to join!**
- **Find a hook-up or your full-time partner in crime!**



**FIND
MEMBERS
USING YOUR
PHONE'S GPS
SIGNAL!**



WWW.NUTS.CO.UK/DATING

BEDROOM BABE VOTE!

Pick your winner – and she'll star in *Nuts!*



Jodie

21 Derby

"I'll give a man a night to remember!"



Isla

23 Scotland

"My body is my best feature!"



Asha

20 Doncaster

"Sexiest outfit? My see-through number!"



Hana

18 West Midlands

"I love having my neck kissed."

Vote now!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts!*

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to **Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU**. Or email nutsgirls@ipcmedia.com. You must be over 18.

10 RUDE QUESTIONS!

And a real girl to answer them!



Cherrelle Marie

25 Manchester

1 Where's the strangest place you've had sex?

"On a plane in the toilets. We were on our way to Italy and the thought of the holiday and sunshine made me horny, so I met my guy in the toilet. I went first and when he followed, he couldn't wait to lift my skirt up. We did it over the mini sink. It was actually the best sex, too!"

2 What's your trademark move in the bedroom?

"I like to try lots of things. I like the reverse cowgirl because I've mastered it and it makes me feel sexier to take control. I also like in-the-moment sex – no

planning, just one minute having a shower and the next having sex over the sink!"

3 What really turns you on in the bedroom?

"When a guy knows how to take control. I like a guy who can pick me up and just take me to the bedroom. I like men in uniform and have a thing for builders – the dirty look is a huge turn-on for me."

4 What's your favourite position?

"I've made my own. It's reverse cowgirl but on a bench press. It was a quiet evening at the gym and me and a guy were having sex when he carried me to the bench press. I got in to reverse

cowgirl, and because my toes touched the floor, it gave me control and power, which gave him added pleasure."

5 What one thing would you like to try but haven't yet?

"A few years ago, I'd have said sex in the sea, gym or maybe even a plane, but since then I've done all of that. It's fun in the daytime outdoors, too!"

6 Have you ever got it on with another girl?

"I did when I was 20. It wasn't anything too wild – just some passionate kissing. She's my gorgeous lesbian friend and we were both dancing in a club and figured it was the perfect time to experiment."

7 What's your sexy outfit of choice?

"I love classic stockings and suspenders. Sexy black lingerie and a pair of heels are always a great idea. Meeting your man as he walks in the house works wonders when you're dressed up like this. Mine couldn't wait to get them off me, but I kept the heels on."

8 Have you ever made a rude video?

"Yes, on my phone years ago. It was of me doing a sexy striptease. My chap had been sending me rude pics all day and after some sexy texting, I thought I'd give him a little snippet of what he was going to get on his return home."

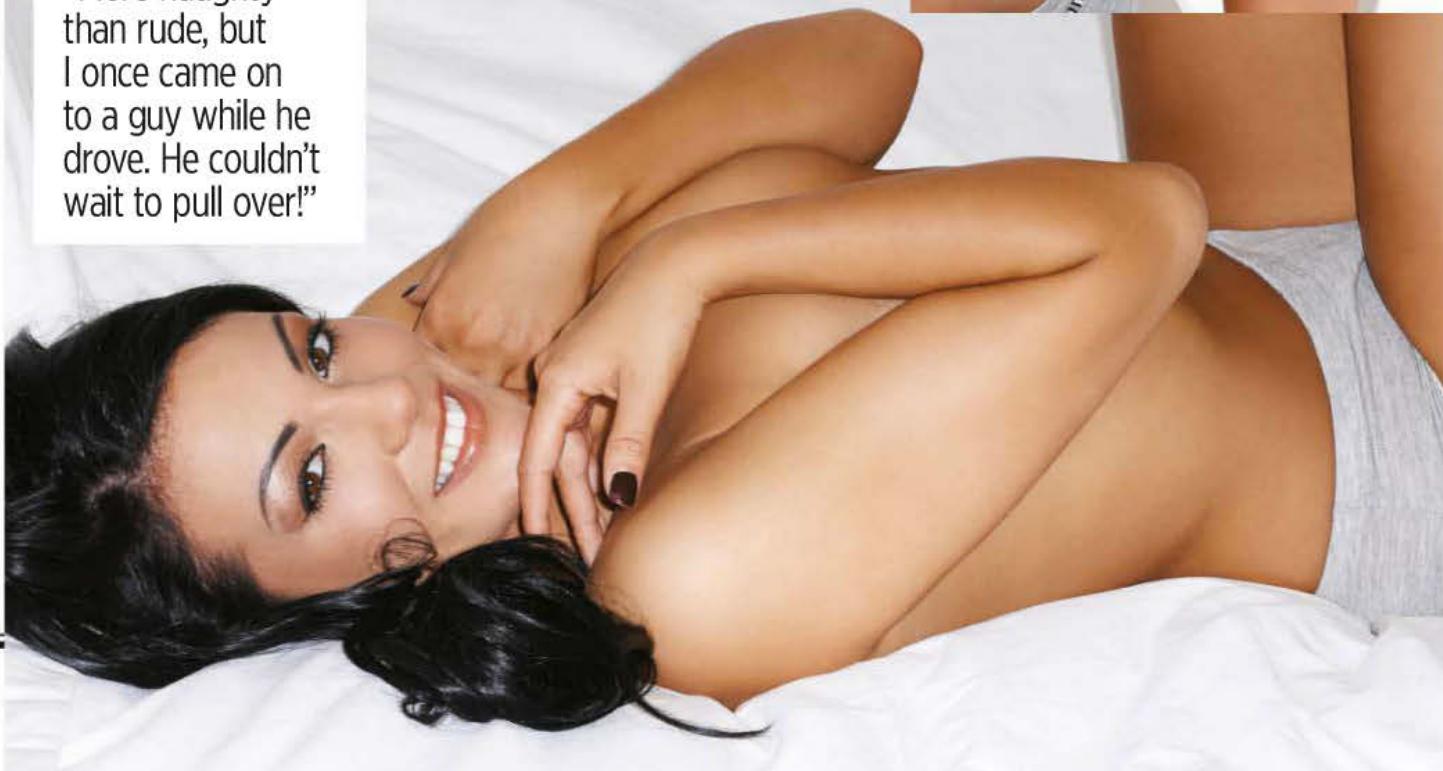


9 What's the
rudest thing
you've done?

"More naughty
than rude, but
I once came on
to a guy while he
drove. He couldn't
wait to pull over!"

10 Do girls
engage
in "alone time"
as much as boys?

"In the summer
especially – we're
all on heat. Yes,
everyone does it!"



Nuts

9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark St, London SE1 0SU Tel: 020 3148 5000 Fax: 020 3148 8107 Email us at: nutsmagazine@ipcmedia.com Website: www.nuts.co.uk

EDITORIAL

Editor Dominic Smith

Deputy Editor Nick Soldinger 020 3 48 6994 **PA/Office Manager** 020 3 48 6848

Editor-At-Large

Pete Cashmore 020 3 48 6940

Associate Editor - Entertainment

Sam Riley 020 3 48 6932

Associate Editor - News

Rory Buckeridge 020 3 48 6977

ART

Inspire Digital Magazine Creative Director

Simon Freeborough 020 3 48 6934

Acting Art Director

Barney Hammond 020 3 48 6933

PICTURES

Picture Editor

Daffydd Bynon 020 3 48 6928

Picture Researcher

Colin Williams 020 3 48 6938

PRODUCTION

Production Editor

Marc Gadian 020 3 48 6935

Chief Sub Editor

David Kenning 020 3 48 6936

ONLINE

Online Editor

Daniel Foley 020 3 48 6855

Online Deputy Editor

Tim Bradley 020 3 48 6880

CONTRIBUTORS

Rich Pelley, Chris Saunders, Graham Wray, Jonny Smith, Anthony Teasdale, Rich Jenkins (**words**); Gary Lockerby (**design**); Zander Sankey (**online**); Mark Petty @ Parkgrande (**illustrations**); Martyn Beard (**repro**); Hannah Wood, Lee Jarvis (**work experience**).

FOR WORK EXPERIENCE ENQUIRIES: Contact hollie_bishop@ipcmedia.com

ADVERTISING & PRODUCTION

Creative Media Director

Matt Downs 020 3 48 3568

Head Of Creative Media

Rob Hunt 020 3 48 6722

Deputy Head Of Creative Media

Neil McSteem 020 3 48 6707

Display Ad Manager

Tim Collins 020 3 48 6703

Digital Business Director

Chris Dicker 020 3 48 6709

Digital Brand Partnerships Director

Andrew Sanders 020 3 48 6766

Director Of Insight

Amanda Wigginton 020 3 48 3636

MARKETING

Senior Marketing Manager

Ally Johnstone 020 3 48 6780

PUBLISHING

Managing Director

Paul Williams

Publisher

James Thrower

Regional Business

Oliver Scull 0161 872 2322

Creative Media Project Manager

Elisabeth Hemphill 020 3 48 6725

Creative Media Managers

Holly Bishop 020 3 48 6701

Adam Bulleid 020 3 48 6724

Matthew Chalkley 020 3 48 6722w

Agency Sales Team

Stephane Folquet

020 3 48 6724

Ed Rochester

020 3 48 6725

Stephanie McLean

020 3 48 6723

Advertisement Production

Laurie King 020 3 48 6729

Classified Ad Manager

Robina Shahid 020 3 48 2540

Inserts - IPC Innovator

John Firth 020 3 48 3704

Syndication Sales Executive

Cerie McGee

020 3 48 5484

Press Enquiries

Anna Foster

020 3 48 5405

PA to Jo Smalley

Hollie Bishop

020 3 48 6848

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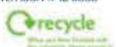
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SUBSCRIPTION RATES: One year (51 issues) including P&P: PRIORITY (Air Mail) UK £103.90; Europe £163.99; USA & North America \$213.99; Rest of World £139.99. Subscription enquiries +44 (0)844 848 0848 (Mon-Fri 8am-9pm UK time), Fax +44 (0)444 455 599, subscr@nutsmagazine.com NUTS subscriptions, PO Box 272, Haywards Heath, West Sussex RH16 3FS, England

IPC INSPIRE

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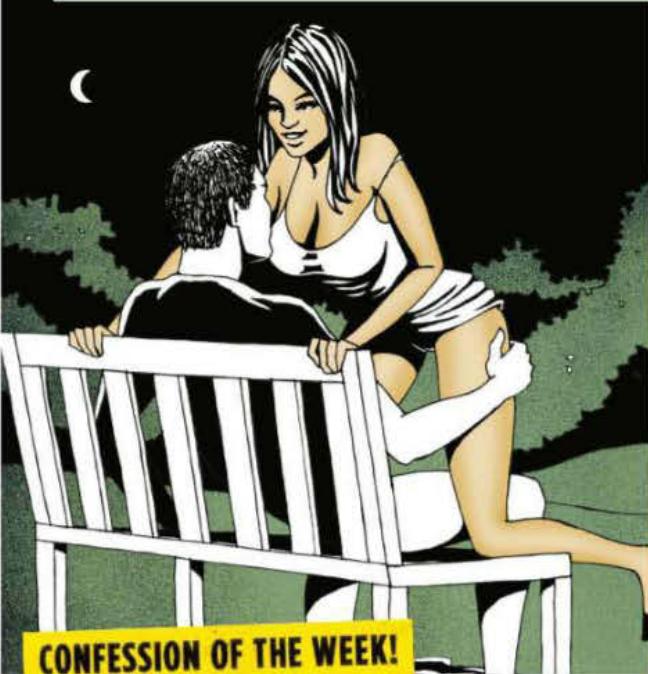
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ONLY IN
Nuts!

LADIES CONFESS! TO OUR SECRETARY!

Racy revelations from our female readers!



CONFESION OF THE WEEK!

'Park frolics were a turn-on'

DURING A brief stint of warm weather, my fella and I went for a long evening walk in a local park. It was a mild night and we weren't ready to go home, so we sat down on a bench in a secluded, wooded area. He started stroking my leg and then leant in to kiss me. Before long, we were touching each other all over. I climbed on top and moved my little thong to one side for him. It felt amazing having sex in the fresh air. The bench is where I often meet my mates for a run, so there's always a cheeky reminder.

Sarah Bristol

'My fun with the postie'

I'VE BEEN staying at my mum's and the local postman I'd seen around

was hot and athletic. It was mum's 60th birthday and she had a few parcels arrive that I had to sign for. The flirting was unbelievable and, as my mum was out with her pals, I couldn't resist asking the

postie in for a cuppa. We both knew what that meant and, within minutes, we were snogging in the hallway. After five minutes, I got down on my knees and started to give him my best blow job in the hall. After he came, we exchanged numbers and I sent him away to finish his round with quite a spring in his step!

Laura Dorset

'She squeezed my bottom'

AFTER MOVING into a new block of flats, I'd met a few of the neighbours, but one girl was particularly friendly. After a few drinks one night, I bumped into her and she invited me in for a nightcap, explaining that she'd asked another new neighbour to join us. She squeezed my bottom as we went in, the door opened and a very cute guy entered. He soon started stroking my leg and when she leaned in and gave me a kiss, it became clear what they were after. He pulled off his T-shirt to reveal a toned chest, and then it was his turn to kiss me. She moved her hands up my skirt and

I was so turned on. As her head disappeared between my legs, I pulled him towards me, released his throbbing stiffy from his jeans and gave him my best oral. What a night!

Joanna Nottingham

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SECRETARY!

Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!

'I've never felt so horny'

MY GIRLFRIEND and I bought a few naughty new toys on a recent day trip to London. Her brother was staying at her flat for a few days, so we knew that we had to wait a little while to try them out properly. The wait made us even hornier, so when we eventually had the flat to ourselves, the first thing we tried out was a double-ended dildo. She began teasing me and I told her she was making me really horny and wet. She rubbed the dildo across her lips and pushed it into her mouth. I placed my lips around, pulled it from her, and pushed the end of it into her. It was the horniest I've ever been, and soon we were going for it with the dildo. Just then, her brother and some friends walked in. I don't think they've fully recovered from the shock!

Helen Warrington

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmmedia.com or to the address on page 68. The best one each week* wins £50! Come on, girls!

Nuts SPORT

WORDS: ANTHONY TEASDALE | ILLUSTRATION: BILL McCONKEY

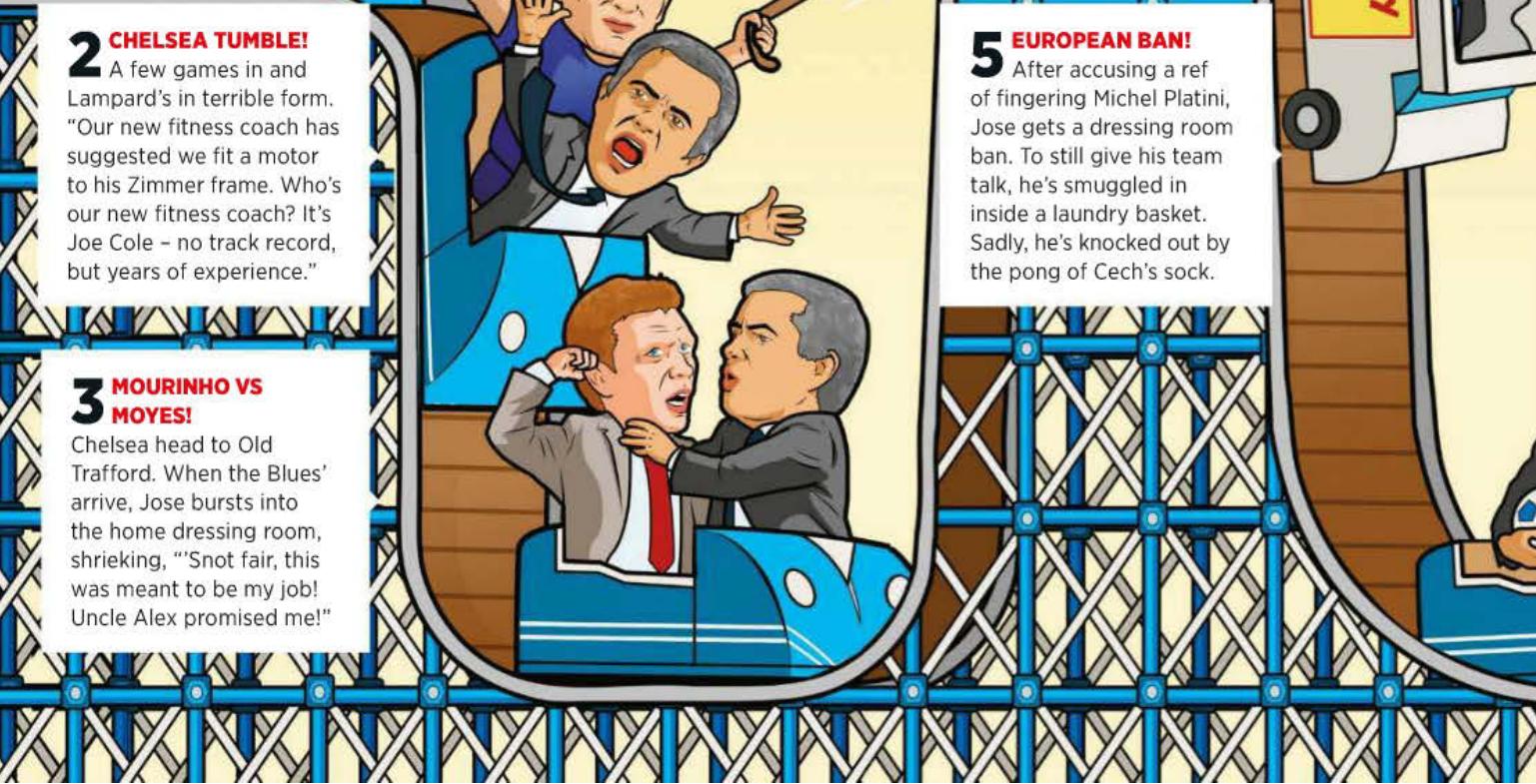
All aboard the Mourinho rollercoaster!

How will Chelsea fare with Mourinho back at the helm? Here's how we think the ride will go!



2 CHELSEA TUMBLE!

A few games in and Lampard's in terrible form. "Our new fitness coach has suggested we fit a motor to his Zimmer frame. Who's our new fitness coach? It's Joe Cole - no track record, but years of experience."



1 HE'S BACK!

Jose arrives at Stamford Bridge to a rapturous reception. "I don't have a messiah complex," he says. "Though I did turn water into wine at Ashley Cole's wedding. Could Rafa do that? I think not."

4 PREM WINNERS!

After an ace run-in, Chelsea take the Premier League title. "I'm so proud," says the Blues' boss. "I dedicate this to the person who made me realise that I'm the greatest manager of all time. Me."

5 EUROPEAN BAN!

After accusing a ref of fingering Michel Platini, Jose gets a dressing room ban. To still give his team talk, he's smuggled in inside a laundry basket. Sadly, he's knocked out by the pong of Cech's sock.

3 MOURINHO VS MOYES!

Chelsea head to Old Trafford. When the Blues' arrive, Jose bursts into the home dressing room, shrieking, "Snot fair, this was meant to be my job! Uncle Alex promised me!"

SAVIOUR OF CHELSEA!

7 CHAMPIONS!

The Special One has done it! In his second season, Mourinho wins the Champions League. As is traditional, John Terry, currently on loan to FC Oil Field Abu Dhabi, crashes the celebration in full kit.

8 RAFA'S BACK!

Troubled by winning just one Champions League trophy per season, owner Abramovich brings Benitez in as Director of Football. "I have no problem with him," says Jose, before trying to gouge his eyes out.

6 JOSE SULKS!

After shipping three goals to Norwich, Jose storms onto the pitch and grabs the ball. "If we can't win, no one can - I'm taking this home." He's later seen getting a hug off his mum.

9 SO LONG, JOSE!

After Abramovich signs Gazza, Jose walks, saying "I can't be part of this ridiculous circus." He then signs a deal with Man City. "I'll be here for years," he declares. "You can put your house on it!"

New season footy kits!

Fans love nothing better than the launch of a new kit!

→ YES, WE may all moan about the cost – and this season's no different – but some of the biggest names in English and world football have already begun to unveil their new strips – millions of which will be worn by our favourite stars, elite athletes and, er... fat blokes over the next couple of seasons.

Here's our pick of the bunch...



MANCHESTER UNITED

After the controversial gingham effort of last term, United's recycled polyester number boasts a tailored black collar, which manufacturer Nike says "reflects the city's sense of style". Not always apparent in Piccadilly Gardens on a Friday night.

FIT FASHION!

NUTS STYLE RATING: ⚽ ⚽ ⚽ ⚽



REAL MADRID

Like Barcelona, Real have kept it simple with their new kit. Apart from the black and gold trim, the iconic white jersey remains virtually the same. However, like Arsenal and Paris St Germain, the club is now sponsored by the Emirates airline.

NUTS STYLE RATING: ⚽ ⚽ ⚽



NEWCASTLE UNITED

While the home kit remains the same as last year, the new blue away kit has been manufactured with "dry cell technology" which claims to draw sweat away from the body. Should look dead canny on chunky Toon fans.

NUTS STYLE RATING: ⚽ ⚽



BARCELONA

It's hard to go wrong with Barcelona, and both the home and away strips proudly reflect the team's traditional colours. The change strip is based on the flag of Catalonia, the semi-independent region of northeast Spain that Barcelona lies in.

NUTS STYLE RATING:



LIVERPOOL

The new Reds home kit features the "classic" Liver bird crest that supporters love. But fans are in uproar over the "interesting" design of the away shirt which has been described as looking like a "dodgy Christmas jumper".

NUTS STYLE RATING:



CHELSEA

The new Chelsea home shirt is, well, rather like the old one: a standard Adidas job with high V-neck. However, the away kit has modern touches with very natty red and blue horizontal strips across the front. Cool!

NUTS STYLE RATING:



MANCHESTER CITY

After transferring manufacturers from Umbro to Nike, City keep it simple with kit that's near identical in design to the new England one. The dark blue trim reflects the colours of City's socks in their first ever kit – obviously.

NUTS STYLE RATING:

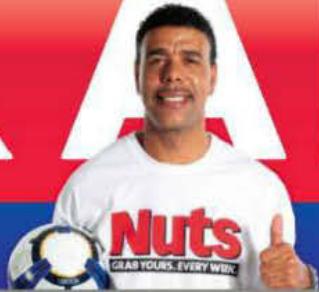


CARDIFF CITY

Top-flight football has come at a high price for Bluebirds fans – the most painful of which has been the switching from blue to red of the club's colours to satisfy the club's Malaysian owner. The shirt, with its redesigned badge, reflects this.

NUTS STYLE RATING:

KAMMY!



He's the voice of the fans – and he's only in *Nuts!*

Kammy's Brazil diary!

Nuts legend and footy's funniest pundit jets out to Rio for 48 hours to cheer on England!

→ HI NUTS readers! Last weekend I travelled to the Brazilian capital Rio de Janeiro to watch England play Brazil at the Maracana stadium. The game – which

ended in a 2-2 draw – was a great end-of-season test for Roy Hodgson's men, and gave me the chance to check out one of the host cities for the 2014 World Cup. Here's what I got up to...



WITH CHRIST THE REDEEMER!

Before we went back, we took a trip to see the statue of Jesus Christ that dominates Rio's skyline. You can see everything from there – the beach, the city centre and even the Maracana!



POSING ON COPACABANA BEACH!

This is me and my two sons, Ben and Jack, on the famous Copacabana beach. Miles and miles of sand, bars and restaurants. I've been to Bondi beach in Sydney but this is different class!



WATCHING BEACH FOOTBALL!

Sport plays a huge part in Brazilian life – Copacabana is full of volleyball and football pitches. The ball doesn't bounce much on sand, which helps explain why the locals' ball control is so good.

WITH THE BRASS BAND!

There's a love/hate relationship between England fans and the brass band - some think they spoil the atmosphere. I think they're great lads, though there's no chance they'd let me do a solo!

**MEETING THE BRAZIL FANS**

The locals are devoted to football and get in the ground hours before kick-off. They don't give players an easy ride, though. If one gives the ball away, they'll boo him until he gets it back.

**WITH THE ENGLAND FANS!**

This is the Vauxhall Fan Zone, put on for the fans in Rio. As an ambassador for the FA, I chaired a Q&A session. The fans were worried about England's performance against Ireland. So was I!

**REASONS TO BE CHEERFUL!**

Our second-half performance against Brazil showed we can compete with the very best. I've no doubt England will qualify for next year's tournament. I can't wait to return to Rio in 2014!

**INSIDE THE MARACANA!**

The Maracana is awe-inspiring, even though the outside was like a building site! I'm envious of any player who gets to play here because the atmosphere was electric - even for a friendly!

**ROLL ON SUMMER 2014!**

There's no doubt that Brazil will host a truly amazing World Cup. Forget concerns about whether the stadiums will be finished or not, by next summer it'll all be ready to go!



RING OF TRUTH!

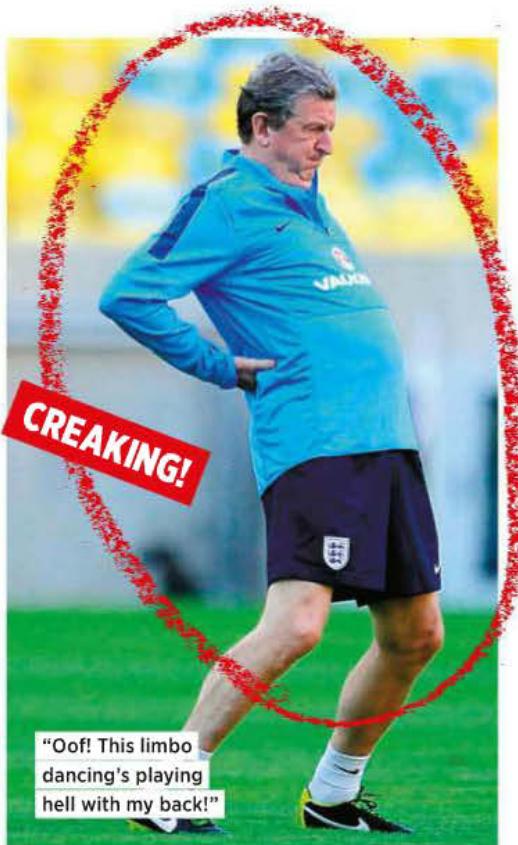
ONLY IN
Nuts!

Sport seen through the *Nuts* comedy glasses!



MAN-LOVE CORNER!





"Quote me on that!"

This week's biggest match debaters!

"The players aren't in prison"

That'll help selection, Roy Hodgson.



"Brazil are always Brazil"

That's obvious, Adrian Chiles.



"You can't describe what Ian Holloway's feeling. It's a lovely warm feeling"

Steve Coppell manages to describe it.



"What gets you relegated is a build-up of a lack of confidence" Graeme Souness lacks a build-up of any sense.

"Bayern are literally hitting a brick wall"

Really, Jamie Redknapp?

"I haven't the remotest idea who'll win the championship. But I'd put money on Alonso" Former F1 commentator Murray Walker still has it.



"Signing Beckham wasn't like signing a player. It was like signing a man" Ex-Milan boss Leonardo forgets Becks' sex.



OO-ER SOUNDS A BIT RUDE CORNER !

"The jockey Ryan Moore said it was very messy and he probably came a bit too soon" Trainer Aidan O'Brien on a sticky Derby.

"Troy Deeney is now free to penetrate"

Iain Dowie on Watford's leading swordsman.



"I saw girls doing it, too. It was unbelievable" Jermain Defoe has led a bit of a sheltered life.



Premier League's most wanted!

Gabriele Marcotti on some of the players who could be gracing the top division next season!



NUTS WELCOMES

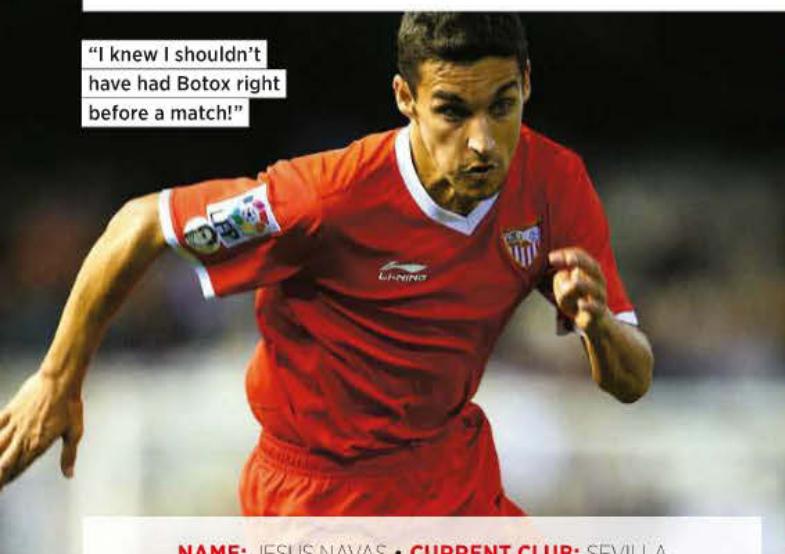
football expert Gabriele Marcotti to its pages for the duration of the summer to talk us through all the transfer gossip and players linked with the Premier League. This week he focuses on four awesome attackers!

MAN IN THE KNOW!

Gabriele has written for publications including *The Times* and Italy's *Corriere Dello Sport*.



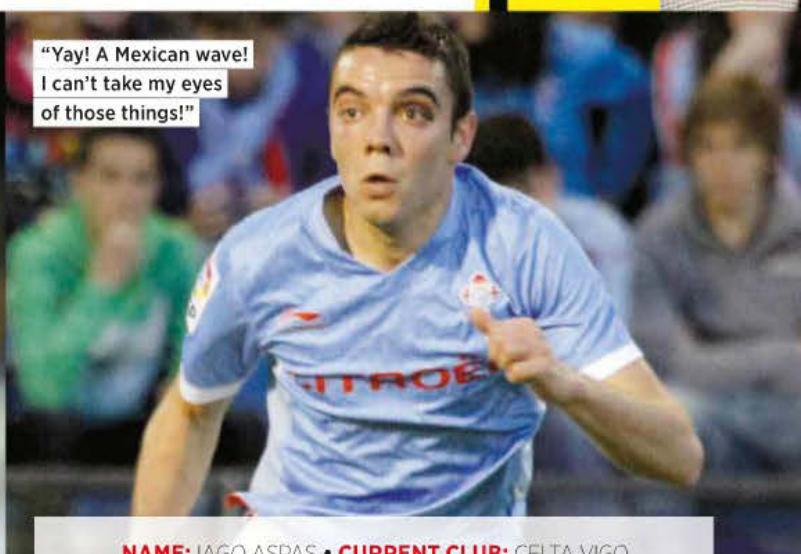
"I knew I shouldn't have had Botox right before a match!"



**NAME: JESUS NAVAS • CURRENT CLUB: SEVILLA
WANTED BY: MAN CITY**

"The ability to beat a man at pace and accelerate away from him is one of those things you can't teach. If you don't have both pace and trickery in your locker, you won't be able to do it. And that's why those who have both – like Jesus Navas – are such prized commodities. At 27, the winger's in his prime. When he was younger, he had to overcome anxiety attacks and homesickness – and that's part of the reason he's been a one-club man thus far. Now, all this appears to be behind him and he's ready for a move to the Premier League."

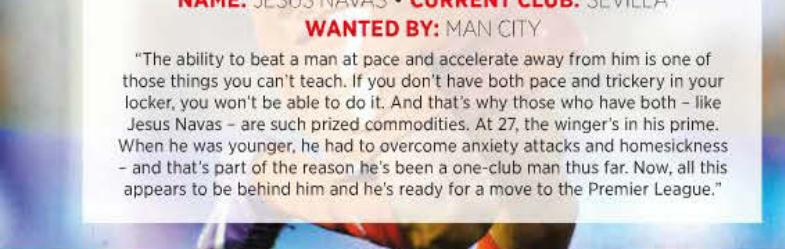
"Yay! A Mexican wave! I can't take my eyes off those things!"



**NAME: IAGO ASPAS • CURRENT CLUB: CELTA VIGO
WANTED BY: LIVERPOOL**

"It's almost too easy to suggest the 25-year-old is the heir apparent to Luis Suarez. He roams the frontline with the same hungry intensity, creates chances out of nothing and infuriates the opposition – plus he scored 12 for a side that narrowly avoided relegation last season. Not especially dirty, Aspas did once get a four-match ban for headbutting an opponent. He's not a natural centre-forward, but a perpetual motion machine who'll pop up everywhere on the frontline, and has played both as a winger and an attacking midfielder."

"Damn it! I still can't get past four keepie-uppies!"



It was an odd time to practise the cha-cha-cha

**NAME: EDINSON CAVANI • CURRENT CLUB: NAPOLI
WANTED BY: MAN CITY/CHESSEA**

"He's strong, tall and was born three weeks after Luis Suarez in the same Uruguayan town. Unlike Suarez, he doesn't divide opinion and it may be because he looks a bit like Jesus Christ without the beard! Cavani might be the best all-around centre-forward around today not named Zlatan. He's scored 95 goals for Napoli in all competitions over the past three seasons and he doesn't goal-hang – a giant who works his rear-end off to the point that, for Uruguay, he has often operated as the world's largest winger."

**NAME: ISCO • CURRENT CLUB: MALAGA
WANTED BY: MAN CITY**

"This is the man who made Malaga fans forget all about Santi Cazorla after his move to Arsenal when he stepped into his shoes. Isco is quick, two-footed and creative. An accomplished passer who turns deadly when he takes off, the ball seemingly remains stuck at his feet. He's played both wide and in the hole, but the smart money suggests his future is playing between the lines. He's only been capped once, but that says more about the depth of talent that Spain can call upon than anything else. Were he born anywhere else, he'd be a mainstay."

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In ancient China, peasants used to steal rice by training homing pigeons to swallow it and then forcing them to vomit.



David Kelly of Sunderland played 1,978 minutes of football in the 1996/97 season without scoring, a Premier League record for a striker.



The UK has more **tornadoes** per square mile than any other country in the world.

Since Arsenal won the **FA Cup** in 2005, every other team in the English league has changed their manager.



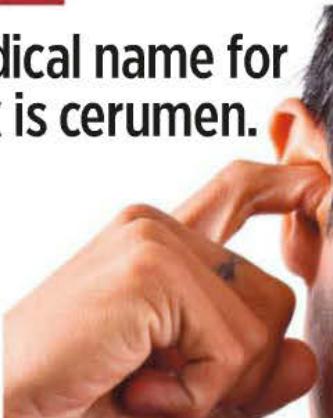
A 2013 Dutch university study earlier this year showed that playing first-person shooter **games** can improve short-term memory.



On the same day this magazine comes out, **Apple** will designate its original 2007 iPhone as obsolete and will no longer repair or service it.



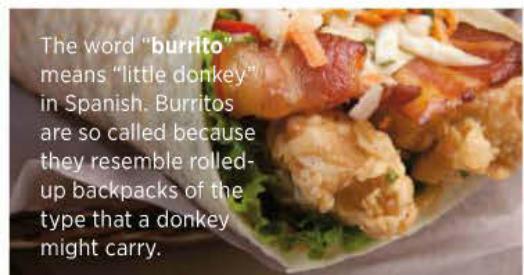
In real life, the **suit** worn by Tony Stark in *Iron Man 3* would cost over \$10bn.



The medical name for earwax is cerumen.



A super cyclone has been swirling around **Saturn's** north pole for several years. The eye of the storm is 1,250 miles across.



The word "**burrito**" means "little donkey" in Spanish. Burritos are so called because they resemble rolled-up backpacks of the type that a donkey might carry.



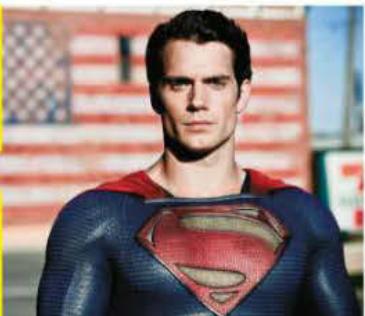
When **Apollo 11**, the craft used by Neil Armstrong, returned to Earth, all of the astronauts had to pass through US customs.

Pub ammo on... *Man Of Steel*

- Jersey-born actor **Henry Cavill** is the first non-American to play Clark Kent/Superman on film.
- *Man Of Steel* is the first Superman film that doesn't

- have the word "Superman" in the title.
- **Russell Crowe's** role as Clark's father Jor-El means the role has been played by two Best Actor Oscar

- winners – **Marlon Brando** played the role in the original 1978 *Superman*.
- The UK premiere of *Man Of Steel* takes place on Wednesday, June 12.



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